

I. CALL TO ORDER

The meeting was called to order at 7:01 p.m. by Chairperson Shannon.

II. ROLL CALL

Present: Commissioners Birnbaum, Freed, Melone, Pritzker and Shannon. Health Officer, Serena Klinger was present.

III. APPROVAL OF MINUTES

Commissioner Birnbaum moved, seconded by Commissioner Pritzker to approve the minutes dated April 10, 2017, as corrected.

- 2nd page – added Polish speaking residents

The motion was approved by a voice vote.

IV. CHANGES TO THE AGENDA – None

V. CITIZENS CONCERNS AND COMMENTS

Chairperson Shannon read the following statement.

Members of the general public may address the Board of Health with concerns or comments regarding issues relevant to the Board of Health's agenda or topics that the Board of Health has the authority pursuant to the Village Code to address. The Chairperson or his or her designee shall strictly restrain comments to matters that are relevant to the Board of Health's business and shall not permit repetitious comments or arguments. Members of the general public who wish to address the Board of Health must sign the request to speak prior to the commencement of the public hearing. The person submitting a petition, concern or other comment shall be allotted 5 minutes to present their points.

VI. ON GOING BUSINESS

- (a) Blood Drives - Next date, July 11, 2018

Health Officer Klinger announced July 11th as the date of the next LifeSource blood drive. Volunteers are always needed between 1:00 – 7:00 p.m. As the date gets closer, Health Officer Klinger will e-mail a schedule sheet to the Board of Health and other volunteers. There are two shifts needed for volunteers, 1:00 – 4:00 p.m. and 4:00 – 7:00 p.m.

Commissioner Freed volunteered to work the 1:00–4:00 p.m. shift.

In reply to Commissioner Freed's question, Health Officer Klinger explained that LifeSource handles the entire blood drive and there were usually 30-40 people wanting to donate. The volunteers strictly just meet and greet and walk people from the donation room to the lunchroom.

Commissioner Freed asked about the advertising for the blood drive. Health Officer Klinger explained that LifeSource does most of the advertisement, but the Village of Wheeling advertises on the reader board, Facebook, the Village's website and sends out a press release.

- (b) Prescription Medication Collection

Commissioners Melone and Pritzker worked the May 19th collection and reported that it was very busy the entire time.

Commissioner Pritzker felt the large containers should be maintained and only one given out along with smaller containers if needed.

Health Officer Klinger offered to ask for more large containers. Commissioner Pritzker confirmed there was room to store extra containers.

Commissioner Freed mentioned that Walgreens approached him and asked where their customers could bring syringes since they don't accept them. Health Officer Klinger confirmed they could direct their customers to the Wheeling collection. Health Officer Klinger will provide copies of the flyer to Commissioner Freed for distribution at the Wheeling Walgreens.

Chairman Shannon reminded everyone that the collection was for Wheeling residents only. Health Officer Klinger requested that the flyers be distributed to both of the local Walgreens but no other locations.

Commissioner Pritzker asked for volunteers since she was scheduled to work 7 collections and would prefer to do less. Commissioner Freed volunteered to fill in whenever someone was needed.

(c) Wheeling Walks Program

Commissioner Birnbaum confirmed the group was still walking. She asked for other Commissioners to join the group. Some people walked inside and others outside. She said there are a few more people joining along with their dogs. There are currently no incentive plans.

In response to Commissioner Freed's question, Health Officer Klinger confirmed Wheeling had a 5K as part of the Fourth of July weekend at Chicago Executive Airport. Commissioner Birnbaum referred to the Park District's 5K at Chevy Chase.

Commissioner Freed mentioned that Deerfield's Park District holds a Tinman which is a shortened version of the Ironman.

Chairperson Shannon mentioned that the Wheeling Park District was very gracious and offered their inside track to the walkers on a recent inclement Saturday.

VII. OLD BUSINESS

(a) Glyphosate and Vinegar Testing Area

Health Officer Klinger referred to the testing area located off Lake Cook Road and over the bridge. She believes they had already applied the vinegar, so they will start to take pictures and document it. It will be applied as needed. The results will be distributed to everyone.

b) Wheeling Health Fair

At the last minute, the fair needed to be moved inside because of the inclement weather.

Chairperson Shannon felt there was a good turnout. A bushel and a half of oranges and a ½ bushel of apples were consumed and had been donated by Jimenez.

56 assessments were received. Health Officer Klinger was pleasantly surprised. Chairperson Shannon read the results from the survey of the top 4 topics.

The tie for first place was for physical activity/exercise and nutrition and diet (38 people/68%).
Second place was stress and anxiety (35 people/63%).
Third place was mental wellness (32 people/57%).
Last place was safety (30 people/54%).

Chairperson Shannon met with Juan's wife, Dr. Lilian. As part of her research project at U of I in her Master of Public Health Program was to do something with an assessment or community. She wants to translate the assessment into Spanish, so it could also be used on the SurveyMonkey. She also seemed interested in doing other things.

Commissioner Melone thought it was a great idea so the survey could be continued and assessed from home.

Commissioner Melone questioned if the Board of Health should consider scheduling a speaker to present an informational talk on nutrition. If the Board of Health was interested, Health Officer Klinger mentioned the talk could be held at the library.

Commissioner Freed had done classes for the Deerfield Library. He felt the success relating to good advertisement. Commissioner Melone suggested composing guest speakers for the top topics (nutritionists/personal trainers).

Commissioner Freed suggested putting together a calendar and trying to schedule some presentations.

Commissioner Melone referred to a recent shooting training she had attended and was hosted by the Wheeling Police Department. It was not well attended.

Health Officer Klinger was unsure if the speaking events would be well attended. Commissioner Freed felt advertisement was important and suggested giving out a free gift to the attendees. Chairperson Shannon reminded him that the Board of Health did not have a budget.

Commissioner Melone questioned the remainder topics from the survey. Chairperson Shannon reported the 5th place was chronic disease; 6th place was substance abuse and 7th place was child/elder abuse. Commissioner Melone felt having presentations were very helpful since they were direct and had specific tips. Commissioner Birnbaum suggested having the Library co-sponsor it. Commissioner Melone felt it was a great location but was unsure if they would be interested in being a co-sponsor.

Commissioner Melone mentioned that Purple Sprout Café had a lot of healthy eating information and the Library was doing a fundraiser with the café. Health Officer Klinger suggested connecting with the café's owner and holding a discussion at the Library or the café. Commissioner Birnbaum suggested teaming up with the Park District.

Commissioner Melone felt the summer was not a great time to schedule anything and suggested having the date in the fall.

Chairperson Shannon referred to different health awareness months. March is National Nutrition month. National Child Abuse month is April. September is Family Health and Fitness. October is National Health Education week. Commissioner Freed got Deerfield to declare November 14th as World Diabetes Day.

Commissioner Melone questioned if the survey would continue for more responses. Health Officer Klinger thought it would be OK to continue. She questioned if everyone agreed. Commissioner Melone wanted to include a dropdown menu for translations in Spanish, Polish and Russian. Chairperson Shannon suggested leaving the survey open for another month or two.

Commissioner Pritzker mentioned that Jewel had registered dieticians on staff and thought they might be interested in presenting.

Chairperson Shannon suggested reaching out to some of the smaller colleges/universities to find students to present. She explained that students have to do many hours of projects and clinics and usually had a difficult time finding community projects.

Health Officer Klinger announced that Cook County no longer offers vaccinations.

Health Officer Klinger will try to get the survey on the Village of Wheeling's website and Facebook.

Commissioner Birnbaum suggested including the survey in the next Village newsletter.

Commissioner Birnbaum suggested having the Park District and Library co-sponsor a talk/presentation, so they could help promote it. Commissioner Melone thought the Library would be interested since they want people in the door and to make use of it.

Commissioner Birnbaum referred to the past presentations that did not have a lot of interest or participation.

Commissioner Freed requested adding Diabetes to the survey. It was confirmed that Diabetes was listed under chronic disease.

Commissioner Birnbaum was told that 400-500 attended the health fair. Chairperson Shannon thought it was awesome no matter how many people attended. She felt the time went fast and everyone was friendly. Commissioner Melone felt there was a nice variety of vendors. Commissioner Birnbaum thought the Park District would do it again. Chairperson Shannon would agree to participate again. The Board of Health has permanent sign that could be used again. Chairperson Shannon wants a bigger table next time.

Commissioner Freed noted that a tiered floor stand that was used across from the Board of Health's table was utilized more. He suggested borrowing one next year.

Commissioner Birnbaum questioned if all of the giveaways were given away. Chairperson Shannon reported there was an entire box of hand sanitizers and a lot of pencils leftover. Health Officer Klinger suggested using them at future events. They would not go to waste.

VIII. NEW BUSINESS

Health Officer Klinger asked if the Board preferred starting future meetings at 6:30 p.m. instead of 7:00 p.m. She will confirm if changing the time was permitted. The discussion will be added to the next agenda.

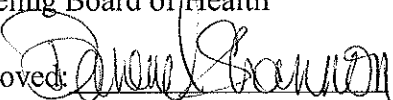
The meeting dates are determined by the Ordinance.

X. ADJOURNMENT

A motion to adjourn the meeting was entered at 8:03 p.m. by Commissioner Birnbaum. Commissioner Pritzker seconded the motion. The motion received unanimous approval by the Board of Health.

Respectfully submitted,

Danene Shannon, Chairperson
Wheeling Board of Health

Approved:  Date: 07-24-2018