

WHEELING BOARD OF HEALTH
WORKSHOP MEETING

July 24, 2018

I. CALL TO ORDER

The meeting was called to order at 7:06 p.m. by Chairperson Shannon.

II. ROLL CALL

Present: Commissioners Birnbaum, Freed, Melone and Shannon. Commissioner Pritzker was absent with prior notice. Health Officer, Serena Klinger was present.

III. APPROVAL OF MINUTES

Commissioner Melone moved, seconded by Commissioner Birnbaum to approve the minutes dated March 27, 2018, as corrected along with the minutes dated May 22, 2018, as presented. The motion was approved by a voice vote.

- March 27 minutes - Change the spelling of Juan Acevedo
- March 27 minutes - Add education after "obesity"

IV. CHANGES TO THE AGENDA – None

V. CITIZENS CONCERNS AND COMMENTS

Chairperson Shannon read the following statement.

Members of the general public may address the Board of Health with concerns or comments regarding issues relevant to the Board of Health's agenda or topics that the Board of Health has the authority pursuant to the Village Code to address. The Chairperson or his or her designee shall strictly restrain comments to matters that are relevant to the Board of Health's business and shall not permit repetitious comments or arguments. Members of the general public who wish to address the Board of Health must sign the request to speak prior to the commencement of the public hearing. The person submitting a petition, concern or other comment shall be allotted 5 minutes to present their points.

VI. ON GOING BUSINESS

(a) Past Blood Drive - July 11, 2018

Health Officer Klinger announced the July 11th blood drive went well with collecting 39 units saving 119 lives. The Alexis machine was used.

The next blood drive is scheduled on November 7, 2018.

(b) Prescription Medication Collection – July 21, 2018

Commissioners Birnbaum and Freed worked the July 21st collection. Commissioner Birnbaum was with the Wheeling Walks group first and then went to the Police Department to set up for the collection. The closet was piled with boxes filled of large and small containers. The collection was very busy at the beginning. They filled 2½ bins of sharps and 1½ bins of medication.

Commissioner Freed announced that batteries were no longer being accepted. He suggested having information available on where people could donate batteries. Health Officer Klinger confirmed Wheeling's program was canceled. Commissioner Birnbaum agreed it would be helpful to know about a collection location. Health Officer Klinger did not have any additional information. She offered to contact Public Works and SWANCC.

Commissioner Melone questioned if the Board of Health could have a Facebook page. The Village only wants one Facebook page.

Commissioner Melone asked about the Google calendar which had been previously discussed. The discussion was to have a calendar to access the dates of the drives/collections along with the names of people signed up. Health Officer Klinger will resend the e-mail invite for the Google calendar to determine if everyone can access it and if a separate Google e-mail address is needed.

Health Officer Klinger questioned if everyone had received her e-mail about glyphosate. All of the Commissioners confirmed receipt.

VIII. NEW BUSINESS

(a) Community needs assessment

Health Officer Klinger announced that Village Staff did not want to send out a Survey Monkey. Commissioner Melone questioned if the Village of Wheeling sent out any other surveys. She thought the Police Department recently sent one and mentioned she had received a paper one from the Park District.

Commissioner Melone questioned what should be done with the results from the paper surveys from the Health Fair. Commissioner Freed suggested publishing the results in the local newspaper. Physical activity/exercise and nutrition and diet were 68%. Second place was stress and anxiety.

Commissioner Freed questioned if Health Officer Klinger received the e-mails he had sent. She confirmed she had forwarded them to the Board of Health. Chairperson Shannon commented that they were sponsored by Lilly. Health Officer Klinger would need to receive approval from the Village Manager for use. Commissioner Freed sent it as an example of what could be done. Chairperson Shannon agreed that the drug companies do great jobs at presenting education with videos but also include their logo, so it becomes somewhat bias. Commissioner Birnbaum expressed concern with having the company name on it. Chairperson Shannon explained the Board of Health needs to be careful about giving public service to a specific drug company because it could be perceived as an endorsement.

Commissioner Freed suggested doing something similar using videos that could be made available to the public. He mentioned that he knows nurses and doctors that would do a video for free. Commissioner Birnbaum suggested following the topics from the survey that were of interest. Commissioner Melone felt the Park District would handle the activity and exercise since that was their specialty. She suggested having a workshop or announcements with quick tips regarding how to handle stress and anxiety. She suggested including the tips in the Village newsletter.

Commissioner Freed mentioned that he knows an exercise PhD physical therapist that has written books and was very knowledgeable and does presentations.

Commissioner Melone suggested partnering with the Park District on a video or workshop/seminar about physical activity and nutrition.

Commissioner Melone mentioned that she worked on event for the Library with Purple Sprouts Café. The café has evening events with speakers geared toward vegetarians. There is a fee for some of their events.

Commissioner Melone mentioned that the Board of Health has no budget. She is in favor of including

X. ADJOURNMENT

A motion to adjourn the meeting was entered at 8:24 p.m. by Commissioner Birnbaum. Commissioner Freed seconded the motion. The motion received unanimous approval by the Board of Health.

Respectfully submitted,

Danene Shannon, Chairperson
Wheeling Board of Health

Approved: Danene Shannon Date: 11-27-2018