



# Wheeling Forward

Wheeling Pavilion Senior Center

JULY 2016



Date: Sunday, July 3, 2016

Time: The 5K Run will begin at 8:00 A.M.

Place: Chicago Executive Airport, 1020 S. Plant Road

Live music, food trucks, face painting, and balloon artists starting at 5 p.m.

Live music from Midnight and Hifi Superstar

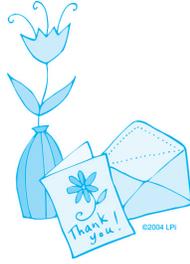
Fireworks at 9:15 p.m.

[www.rocknruntherunway.com](http://www.rocknruntherunway.com)



## PAVILION THANKS...

- Jeanne Annis, Marilyn Hams, Dolores Kelly, Joannie Purvin, Corky Weber, and Pinky Wennerstrom for assembling the Wheeling Forward newsletter.
- Geri Brockett, Renee Dicker, Michael Dunn, Barbara Grossman, Marilyn Hams, Mary Ann Marabella, Pat Rizo, Alicia Ross-Rudolf, Bobbie Sfondilis, Roberta Vollriede and Corky Weber for volunteering at the front desk.
- Flo Feiner, volunteer Sing-a-Long musical director.
- Pat Miller, volunteer SHIP counselor
- Lunch at Pavilion volunteers Lee Becker, Martha Crost, Michael Dunn, Kevin Frei, Czeslawa Gorka, Marilyn Hams, Darlene Kaplan, Marshall Kaplan, Barb LaHay, Anita Loewenstein, Smadar Mozes, Nurit Mozes, Joannie Purvin, Vilma Sanchez, Bobi Spiegel, and Carol Targun.
- Computer Learning volunteers Gary Primack, Steve Rosengard, Ed Walsh, and Ludmila Zoob.
- Steven Meyer III for coordinating the Stitch and \*itch group.
- MaryAnn Marabella for coordinating the community volunteers



### ADVISORY COUNCIL

Geri Brockett  
 Bill Churchill  
 Kathy Gulyas  
 Marilyn Hams  
 Pat Hawkins  
 Marshall Kaplan  
 Gerald Malin  
 Pat Miller  
 Jackie Portnoy  
 Joannie Purvin  
 Bobi Spiegel  
 Roberta Vollriede  
 Corky Weber

## TRANSPORTATION RESOURCES

**VILLAGE OF WHEELING SUBSIDIZED CAB PROGRAM**  
 Discount (\$2 per voucher) by Village of Wheeling for Wheeling residents. To register, call the Senior Center at 847-459-2670. After receipt of enrollment card and vouchers you can make your own arrangements by calling American Cab Co. 847-253-4411 or 303 Cab Co. 847-537-0303.

### WHEELING TOWNSHIP DIAL-A-RIDE/SENIOR DISABLED TRANSPORTATION

This service is a scheduled bus service using small buses. Passengers are picked up at their homes and taken to their destinations. Fare is \$2 each way. Preregistration and reservations are required and must be made 2 business days in advance. Call 847-259-7743 for information.

### PACE PARATRANSIT BUS FOR PERSONS WITH DISABILITIES

Call PACE at 312-663-4357 to arrange for registration and an interview. Once certification process is completed, pre-arranged curb-to-curb service can be provided. The one-way fare for ADA Paratransit Services is \$3.00 for Cook County. If you need a companion with you, the companion rides free. **For handicapped riders only.**

### RTA FREE OR REDUCED RIDE PROGRAM

Applications available at Pavilion Senior Center for a special users travel card that allows senior residents to travel on any RTA funded form of transportation free or at a reduced rate. Call 847-459-2670 for information.

### PACE BUS SERVICE

PACE scheduled bus service with major destination stops at downtown Des Plaines, Mt. Prospect Metra Station, Randhurst Mall, Woodland Creek Apartments, Wheeling High School, Wheeling municipal complex, and Buffalo Grove terminal. Exact fare required. For information call the RTA Travel information center at 847-836-7000.

### ESCORTED TRANSPORTATION SERVICE NORTHWEST

Program matches volunteer drivers with seniors 60 years of age and older who need a ride to and from their homes to doctor or dentist appointments. Call 847-222-9227. Donation of \$12 per round trip is suggested.

- 3 Lawrence Vandenhorst
- 4 Jackie Stark
- 5 Kay Arbor
- 7 Judy Abruscato
- 9 Martha Jordan, Robert Schuster, Louise Cohn, Sue Holcombe, Lester Kaplan, Feliks Kaufman
- 10 Pat Gouletas
- 12 Bea Saunders
- 13 Darinka Bikneris, Teresa Galvan
- 14 Joan Swanson
- 17 Karen Premo
- 18 Fern Levin
- 19 Marion Hennessy
- 20 Linda Jozaitis
- 21 Marge Fennell, Kathleen Weil
- 22 Walter Czarny
- 23 Georgia Delaney, Elaine Little
- 24 William McCarthy
- 26 Gerry Nicklewicz
- 27 Rita Nosan, Benjamin Koh
- 28 Judy Matz, Karen Notaro
- 29 Ronald Rossert
- 30 Stephen Meyer III, Frank Domanico



## Wheeling Park District Events

### **Friday “Headliner” Concert: Midwest Dueling Pianos**

**Date:** July 8

**Time:** 7 PM

**Location:** Heritage Park Performance Pavilion, 333 W. Dundee Road, Wheeling  
**Bring blanket or lawn chair for seating. Coolers allowed. No outside alcohol permitted. Beer/wine available for purchase.**



### **Sunday “Sounds of Summer” Concerts**

**Dates:** July 10 (Classical Blast), July 17 (Second Hand Soul), July 24 (American English), and July 31 (Banda Rika)

**Time:** 5 PM

**Location:** Heritage Park Performance Pavilion, 333 W. Dundee Road, Wheeling  
**Bring your blanket or lawn chair for seating and enjoy show-stopping music.**

### **Thursday Movie in the Park: Frozen**

**Date:** July 21

**Time:** 8 PM

**Location:** Heritage Park Performance Pavilion, 333 W. Dundee Road, Wheeling  
**Bring blanket or lawn chair for seating and see a showing of Disney’s Frozen SING-ALONG.**

**For more information, call (847) 465-3333.**

**Judged categories:** Antique, Classic, Modified, Muscle Car, Import and Sports Cars. **“Best in Show” at 3:45 PM. 60s Rock ‘n’ Roll by The New Invaders.**

**For more information, call 847-465-3333.**

# 4 WEEKLY PROGRAMS AND INFORMATION

## SCHEDULE AT A GLANCE

### MONDAY

- 9:00-10:00 Stay Fit w/video
- 10:30-11:30 Wii Bowling & Games
- 11:30-12:30 Lunch at Pavilion
- 1:00-3:30 BUGS (computer user group)
- 1:15-3:30 Canasta and Pinochle

### TUESDAY

- 9:30-3:30 CJE Russian Speaking Social Worker by appt.
- 9:30-10:30 Stay Fit Fitness
- 10:00-12:00 Current Events
- 11:30-12:30 Lunch at Pavilion
- 12:30-3:30 Intermediate Bridge

### WEDNESDAY

- 9:00-10:00 Stay Fit Fitness
- 9:30-10:00 Indian Trails Library Drop Off and Pickup
- 10:00-3:00 SHIP by appt.
- 10:30-11:30 Sing-a-Long  
(1st, 2nd, & 3rd WED only)
- 11:30-12:00 Blood Pressure (4th WED of the month)
- 11:30-12:30 Lunch at Pavilion
- 1:00-3:00 Stitch and \*itch
- 1:00-4:00 Open Game Play

### THURSDAY

- 9:00-10:00 Stay Fit Fitness
- 11:30-12:30 Lunch at Pavilion
- 12:30-3:30 Intermediate Bridge
- 1:00-3:30 Happy Hookers

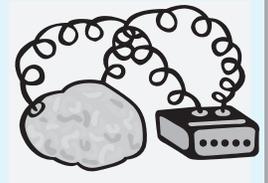
### FRIDAY

- 9:00-3:30 CJE Russian Speaking Social Worker by appt.
- 10:00-11:00 Brain Games (3rd FRI for April)
- 10:00-12:30 Russian Tea Time Support Group  
(2nd & 4th FRI of the month)
- 10:30-11:30 Wii Bowling & Games
- 11:30-12:30 Lunch at Pavilion
- 1:00-2:00 Book Club (3rd Friday of the month)
- 1:15-3:30 Canasta

## BRAIN GAMES

Playing games that encourage you to think is one of many ways to keep your memory sharp.

Brain Games will help improve your focus, concentration, and memory through a series of exercises and games. Join us for a thought provoking program of games to keep your brain sharp.



**Date:** Friday, July 22, 2016

**Time:** 10:00 a.m.

**Place:** Wheeling Pavilion Senior Center

**Cost:** *FREE* but reservations are requested in order to have enough materials for all in attendance.

**Call the Senior Center at 847-459-2670 to reserve your space for this exciting program.**

## FOOT DOCTOR

### First Friday of each month

Dr. Nikola Ivancevic, DPM, comes to Pavilion Senior Center to provide foot care to Pavilion members. Medicare and most PPO insurance are accepted and will be billed by the doctor's office directly. Diabetic footwear also available.

*Call Laura at 630-782-6557 to schedule your Friday appointment.*



## BLOOD PRESSURE SCREENING

### Last Wednesday of each month

**11:15 a.m.**

Services provided by the Wheeling Township nurse, Karen McNeir, R.N.



## MEMORY SCREENINGS AT THE PAVILION

### WHO SHOULD BE SCREENED?

Memory screenings make sense for anyone who is concerned with memory loss or experiencing the warning signs of dementia. If family and friends have noticed changes, or those who believe they are at risk due to a family history of Alzheimer's disease or related illness, screenings and testing are advised. For anyone who does not have a concern at this time, but who wants to establish a base line score for comparison in the future, testing is also available.



**Wheeling Pavilion Senior Center,  
199 N. 1st Street, Wheeling  
by appointment only (30 minutes)  
847-459-2671  
ask for Jan Christiansen, MSW**

## LENDING CLOSET

The Wheeling Pavilion Senior Center manages a lending closet of medical equipment available to Wheeling residents. Equipment is loaned for a period of 30 days for wheelchairs and 60 days for all other medical equipment. If you or someone you know are in need of any equipment, call the front desk at 847-459-2670.



## LICENSE PLATE RENEWAL



Due to the budget impasse in Springfield, the Secretary of State's office is no longer sending out renewal reminders. Renewing your plates on time is your responsibility. Check to see when your plates expire. If you need to renew you can do so at a Secretary of State's office, at your local currency exchange, or by mail to the following address:

Secretary of State  
License Renewal  
3701 Winchester Road  
Springfield, IL 62707-9700

In the bottom left hand corner you must write: Plate Renewal  
Plate #\_\_\_\_ (your plate number)

More information is available at [www.cyberdriveillinois.com](http://www.cyberdriveillinois.com)

## EMISSIONS TEST NOTIFICATION

Illinois EPA suspended the mailing of vehicle emissions test notices beginning in December 2015. Therefore, vehicle owners whose license plates expire at the end of March 2016 will be the first motorists who will not receive the vehicle emissions test notices.



As a result, Illinois Secretary of State Jesse White announced that he will temporarily allow license plate renewals for vehicle owners who have not yet passed the EPA emissions test. Beginning March 1st, motorists may renew their license plates, but will be informed they are still required to get the vehicle tested.

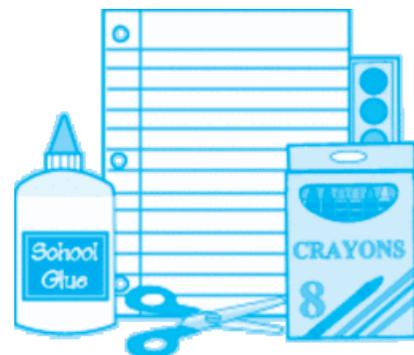
## School Supply Drive to Help Needy Families

July 15-August 17, 2016

Please bring new school supplies to the  
Wheeling Pavilion Senior Center  
199 N. First Street

between the hours of 8:00am and 4:00pm.  
School supplies collected will be provided to  
needy families in the Village of Wheeling and  
throughout Wheeling Township. Items  
needed this year include:  
Highlighters, Colored Pencils, Markers, and  
Pencil Cases.

Questions or for more information call,  
847.459.2606.





**“Good morning”,  
“How are you this fine day?”  
asks the volunteer from the  
Wheeling Pavilion Senior Center.**

**WHAT:** Telephone Reassurance Program

**WHEN:** Monday thru Friday before 9:00 a.m.  
each morning

**WHY:** Because we CARE about your well being

**For more information, please call  
the Wheeling Pavilion Senior Center at 847-459-2671  
and ask for Jan Christiansen**

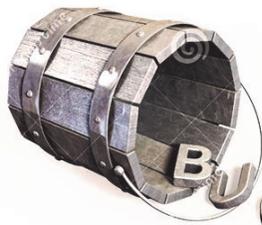
## SPECIAL NEEDS RESIDENT LIST



The Village of Wheeling Special Needs Resident Notification (IL Premise Alert Program Public Act 96-0788) is available to all Wheeling residents. The IL Premise Alert allows people with special needs to provide information to police, fire, and EMS personnel to be kept in a database. This information will be provided to responders dealing with situations involving the special needs individuals.

To let emergency personnel know about you or your family members' special needs, pick up a form at the Police Department or Pavilion Senior Center or download from the Village website under “Premise Alert”. Forms may be completed onsite, or you may send them to the Wheeling Police Department Communications Supervisor at 1 Community Boulevard, Wheeling, IL 60090. Your information will not be shared with anyone outside of the emergency personnel of the Village of Wheeling and any other agency needed to provide emergency response. The information provided on the list will not result in preferential treatment, or change the response of trained emergency personnel. Inclusion on the list will result in emergency responders being better prepared to assist individual residents with special needs.

Please contact either the Human Services Department at 847-459-2606 or the Wheeling Police Department Communications Supervisor at 847-459-2632 for further information



## BUCKET LIST

### YOUR CLOCK IS TICKING/BUCKET LIST

What do you want to do before you die? STOP procrastinating and making excuses why you can't do something. By creating a list of things you want to do before you “kick the bucket,” or just keep track of things that you have already done, you can focus on enjoying and fulfilling your life. AND, it's never too late to start one. JOIN US!!!!

This group will meet every **THIRD FRIDAY** of each month in 2016 – July 15; August 19; September 16; October 21; November 18 & December 16

**Place:** Wheeling Pavilion Senior Center  
199 N. First Street  
Wheeling, IL 60090

**Time:** 10:30 a.m.-11:30 a.m.

**Group Facilitator:** Jan Christiansen, MSW  
Social Services...1-847-459-2671

## STATE OF IL BENEFITS FOR SENIORS

The benefits now available are:

- Seniors Free Transit Ride;
- The Persons with Disabilities Free Transit Ride, and
- Secretary of State License Plate Discount.



To be determined eligible for these benefits, you must submit a **Benefit Access Application** on the Internet. Paper applications are not available.

**Call the Wheeling Pavilion Senior Center  
at 847-459-2670 for an appointment.**



CRIME ALERT IRS Scam

The Wheeling Police Department advises if someone calls and claims to be from the Treasury Department or Internal Revenue Service demanding money and threatening arrest or jail for non-compliance, simply hang up. They are scammers, trying to lure unsuspecting or unwitting people into sending them money.

Residents of Wheeling, as well as other local municipalities are receiving several calls a day with reports of these calls. In fact, some of those residents report receiving several calls the same day. The IRS says:

-Scammers make unsolicited calls. Thieves call taxpayers claiming to be IRS officials. They demand that the victim pay a bogus tax bill. They con the victim into sending cash, usually through a prepaid debit card or wire transfer. They may also leave “urgent” callback requests through phone “robo-calls,” or via [phishing email](#).

-Callers try to scare their victims. Many phone scams use threats to intimidate and bully a victim into paying. They may even threaten to arrest, deport or revoke the license of their victim if they don’t get the money.

-Scams use caller ID spoofing. Scammers often alter caller ID to make it look like the IRS or another agency is calling. The callers use IRS titles and fake badge numbers to appear legitimate. They may use the victim’s name, address and other personal information to make the call sound official.

-Cons try new tricks all the time. Some schemes provide an actual IRS address where they tell the victim to mail a receipt for the payment they make. Others use emails that contain a fake IRS document with a phone number or an email address for a reply. These scams often use official IRS letterhead in emails or regular mail that they send to their victims. They try these ploys to make the ruse look official.

The IRS will not:

-Call you to demand immediate payment. The IRS will not call you if you owe taxes without first sending you a bill in the mail.

-Demand that you pay taxes and not allow you to question or appeal the amount you owe.

-Require that you pay your taxes a certain way. For instance, require that you pay with a prepaid debit card.

-Ask for your credit or debit card numbers over the phone.

-Threaten to bring in police or other agencies to arrest you for not paying.

*If you don’t owe taxes, or have no reason to think that you do:*

-Do not give out any information. Hang up immediately.

-Contact TIGTA to report the call. Use their “[IRS Impersonation Scam Reporting](#)” web page. You can also call 800-366-4484.

-Report it to the Federal Trade Commission. Use the “[FTC Complaint Assistant](#)” on [FTC.gov](#). Please add “IRS Telephone Scam” in the notes.

If you have questions regarding this information or would like to receive a free security assessment of your residence, please call 847-459-2994.

**Living or loving someone with a Mental Illness?  
Feeling confused, alone, worried, and don’t know where to turn??**

Please join us for a 6-week Psycho-educational Support Group for Relatives living with and/or caring for their Mentally ill loved one. Learn to understand symptoms, effects of medications, self-care and much more. Program run by experienced Village of Wheeling Social Service staff.

The group will start September 14th and run for six Wednesdays. (September 14, 21, 28, October 5, 19 and conclude on October 26th) Attendees must attend all of the sessions in order.

Meetings will take place from 7-8:30pm at the Wheeling Pavilion Senior Center, 199 North First Street in Wheeling.

Space is limited. Please call for more information and to reserve your spot in the group by August 31st to Angela Burrell, Police Social Worker at 847-459-2640.

# LUNCH AT PAVILION

Join us for a great meal and great friends at LUNCH AT PAVILION. Excellent NEW menu selections, restaurant atmosphere, and table service — you can't beat it! The Senior Center hosts meal service for anyone 60 years and better.

A nutritionally-balanced lunch is served **Monday thru Friday** from 11:30 a.m. until 12:30 p.m. Reservations are required and must be made by Wednesday for the following week. Each diner will receive written information regarding the cost of the meal and will have the opportunity to contribute to part or all of the cost. Social activities and informational programs are included as part of this program.

Funds (in whole/part) for the Lunch at Pavilion program are provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Administration for Community Living, U.S. Department of Health and Human Services under Title III of the Older American Act. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES.

The Village of Wheeling does not discriminate in admission to programs or activities or treatment of employment in compliance with appropriate State and Federal statutes.

Each time you check in for lunch, we ask that you present your card to have the meal card marked for that day's meal. The Lunch at Pavilion program is committed to providing meals to all older adults 60 and better, regardless of ability to pay. If you are financially unable to purchase a punch card, please see Shari or Alysia, and they will gladly assist you. Meals are catered by Hoffman House. Lunch is often followed by a presentation, a speaker, or musical entertainment.

For more information regarding how to register or volunteer, please contact the Wheeling Pavilion Senior Center at 847-459-2670 and ask for Jesus Delgado.



## PLEASE LET US KNOW IF YOU WOULD PREFER TO PICK UP YOUR NEWSLETTER

\_\_\_\_\_ I prefer to pick up my newsletter at the Wheeling Pavilion Senior Center  
(or indicate below name of person who will pick up newsletter for you)

Signature of Member

Name of person who will pick up newsletter for me

*Please clip this coupon and bring it in or mail it to the Wheeling Pavilion Senior Center no later than July 1, 2016. All future newsletters will be held for pickup at the front desk.*

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### **Independence Day Celebration**

Friday, July 1, 2016

Celebrate Independence Day with Sandi Haynes. Wear Red, White, and Blue and get ready for a festive event.

### **Mihai Vlad**

Tuesday, July 5, 2016

Enjoy beautiful violin music with master violinist Mihai Vlad. Mihai will entertain us with his enthusiastic personality. Hear some of your favorite tunes.

### **ComEd Presentation**

Wednesday, July 6, 2016 Learn about the electric smart meter now installed at your home. This program will tell you all about smart meters and how they benefit you. Get to know the smart grid and how it helps improve reliability. Explore personalized online energy-management tools to learn how you use electricity and ways to save. Prizes and giveaways will be offered. Bring a friend!

### **Heather Braoudakis**

Tuesday, July 12, 2016

Travel back in time with Heather as she sings favorite songs popular on American Bandstand.

### **Medication Management**

Wednesday, July 13, 2016

Did you know that some medications can't be taken with other medications? Did you know that some medications need to be taken on an empty stomach while others need to be taken with food? Learn the answers to these and other questions during this program. Bring a list of your medications and dosages for a one on one consultation.

### **Giants in the Park**

Thursday, July 14, 2016

Lincoln Park, Chicago's north side playground, is populated with bronze GIANTS of history and literature-seventeen vintage portrait statues in all. Using historical photographs and book highlights, Part II presents the histories behind the statues of *Franklin*, *Schiller*, *Altgeld*, *Hamilton*, and the missing but soon to be reinstalled *Charitas*, with minor mentions of *Goethe*, *Sheridan*, and *Oglesby*. Additional missing statuary and park history are touched upon as well. *This program is sponsored by the Indian Trails Public Library.*

### **Steve Justman**

Monday, July 18, 2016

Join Steve as he sings favorite folk tunes.

### **Cello and Piano duo Concert**

Wednesday, July 20, 2016

Pianist Jimin Yun and cellist Nazar Dzhuryn will perform a cello and piano duo with the stimulating program of Brahms Hungarian Dance and sonata, Martinu Variation on a Slovakian theme, Dvorak Rondo. *This program is sponsored by the Indian Trails Public Library.*

### **Scam Update**

Thursday, July 21, 2016

Officer Scott Laverd from the Wheeling Police Department will be here to discuss the latest scams and teach us ways to prevent ourselves from becoming a victim.

### **NASA/Space Program**

Tuesday, July 26, 2016

Tim Wilsey will be here to present a program that is out of this world. Learn about how the agency was created as well as the history of our space program.

### **Food Safety Program**

Wednesday, July 27, 2016

Did you know that 1 in 6 Americans get sick from food poisoning each year? Older adults are at an even higher risk of serious complications because of their weakened immune systems. The USDA Food Safety and Inspection Service is offering "Food Safety 101" to seniors and food service volunteers at the Wheeling Pavilion. Come and learn some great tips for keeping you and others safe from foodborne illness.

### **Russ Knutsson**

Thursday, July 28, 2016

Put on your dancing shoes and join us for a program of Marimba music performed by Russ Knutson and sponsored by a grant from the Chicago Federation of Musicians.

### **The Discovery of Magic**

Friday, July 29, 2016

William, "the Chicago Magic Expert", cracks open his magic history scrapbooks to reveal a secret world of colorful characters, amusing adventures, and arcane knowledge. *This program is sponsored by the Indian Trails Public Library.*



## WELCOME NEW MEMBERS

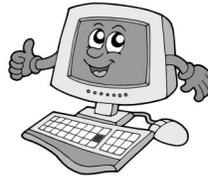
Mara Tecotsky      Alan Leksander  
 Lorraine Pulitis      Bonnie Grant  
 Edward Pekin      Brenda Staggs  
 Helen Fox      Geri Illy  
 Maggie and Jerry Musial

## BOOK CLUB

You are invited to join the Senior Center Book Club, which meets *in the library room at the Wheeling Pavilion Senior Center* the third Friday of every month at 1:00 p.m. Please join us!  
**Contact Diana at 847-459-2670**



**WOULD YOU LIKE TO KNOW WHAT IS HAPPENING AT THE SENIOR CENTER BETWEEN NEWSLETTERS? WOULD YOU LIKE TO RECEIVE UPDATES ON NEW PROGRAMS AND TRIPS? IF YOU ANSWERED YES, THEN SEND YOUR E-MAIL ADDRESS TO DIANA AT [DMURILLO@WHEELINGIL.GOV](mailto:DMURILLO@WHEELINGIL.GOV)**



**10:00 too early for you?  
 We're sorry!  
 Tuesday a bad day for you?**



## STOP!

**Just get here. Drag your poor body to the Wheeling Pavilion Senior Center. We'll provide the coffee.**

## CURRENT EVENTS

**WE'LL BE LOOKING FOR YOU!**

## WANTED!

A few good men and women for a weekly game of either Gin or Hearts. The group plays every Thursday from 9:00 - 11:00 a.m.

If you are interested, please contact the Wheeling Pavilion Senior Center at 847-459-2670.



## ARE YOU INTERESTED...

**in Mah Jong Lessons or Bridge lessons? If so, please contact Alysia at 847-459-2670**



## STITCH AND \*ITCH

Come \*itch with us and stitch away your troubles! Come join us for an afternoon of stitching at the Wheeling Pavilion Senior Center. Bring your projects and join the fun. No experience necessary. Just bring on your talent!

**Dates:** Wednesday afternoons  
**Time:** 1:00 p.m. - 3:00 p.m.  
**Place:** Wheeling Pavilion Senior Center  
**Cost:** FREE



### Computer Learning Center

TECHNOLOGY LEARNING CENTER/ Formerly BUGS

### Date and Time

Every Monday from 10:00 a.m. to 12:00 p.m. Please sign-up at the front desk by the Friday before to assure a volunteer.

### Other available classes

eBay Basics, eBay Buying & Selling, Digital Camera, Skype, Online Banking

To be scheduled with instructor

## Did you recently receive a Tablet? Get off to the right start by learning how to use it!

Tablets have many features of laptop computers with an easier learning curve. They are extremely portable in your pocket or purse and simple to use for email, texting, Internet searching, learning and taking great pictures and movies. Enjoy the new technology without fear. Coaching is available for a donation to our Technology Replacement Fund. Schedule will be arranged with you by the instructor. Sign up at the front desk and surprise your grandchildren with your newfound technical knowledge. You will also be surprised at how easy it is to enjoy this new device. Applies to iPad and Android devices.





## THE AGING PROCESS

We all know that as we age, we develop wrinkles and gray hair (maybe even lose it). But you should understand that the aging process will affect your overall general health, and you need to be aware of certain things to promote good health.

As you age, your heart rate becomes slightly lower and your heart may become bigger. Your blood vessels may become stiff which makes it harder to pump blood throughout your body. Include physical activity in your daily routine, like walking, swimming, or other activities you enjoy. Eat a healthy diet by choosing vegetables, fruits, whole grains, high-fiber foods and lean sources of protein. Limit foods high in saturated fats and sodium. **DON'T SMOKE!** This can contribute to hardening of your arteries. Try to manage stress; stress can also take a toll on your heart, so learn steps to reduce stress. Get adequate amounts of calcium to promote bone, joint and muscle health. Also get adequate amounts of vitamin D, even though you will absorb some vitamin D from the sun. Avoid substance abuse, and don't drink more than two alcoholic drinks a day. Maintain a healthy weight; if you're overweight, try to lose some extra pounds. Stay mentally active, since this stimulates activity in your brain and keeps it in shape. Be social—social interaction helps ward off depression which can contribute to memory loss.

If you are concerned about any of the above recommendations, consult your doctor. Keeping your body healthy at any age—but more importantly as we age—keeps the frequency of doctor visits down and may even affect your insurance premiums! Many of these suggestions can be solved at the Pavilion Senior Center, so be sure to check the monthly newsletter to see if there are any programs which could help you achieve some of these recommendations.

*Gleaned from an on-line article from the Mayo Clinic, author and exact date unknown*



## THE WHEELING PAVILION SENIOR FOUNDATION

Congratulations to the winners of our Second Annual Hamburger Fest raffle! We hope all of you had a wonderful time. Our thanks to Sam at Market Square Restaurant for all the delicious food. We thank Shari and Braulio for all their help. It was a great fun filled evening.

Please join the Wheeling Pavilion Senior Foundation if you have not done so already. Also tell family and friends as you don't have to be a Senior or Wheeling resident to join. Take the opportunity to be a part of a terrific organization that supports the Wheeling Pavilion Senior Center.

Don't forget Fannie May candy bars. They are always such a good treat for guests and yourself. I bet they're a very refreshing treat when kept in the freezer.

We hope you're having a good beginning to your Summer!

MaryAnn Marabella  
Secretary  
Wheeling Pavilion Senior Foundation

## COLOR FOR CALM

Join the new relaxation craze for adults! Enjoy the camaraderie and fun of —Coloring for Calm. We will provide the sophisticated pages to color as well as colored pencils. You bring your imagination!



**Dates:** Thursdays, May 5, 2016 thru December 29, 2016 (the group will not meet on November 24, 2016)  
**Time:** 1:30–3:30 p.m.  
**Place:** Wheeling Pavilion Senior Center  
**Cost:** \$8 members/\$23 non-members

**Advance registration is required.**

**Call the Senior Center at 847-459-2670  
to reserve your space**

## INDIAN TRAILS PUBLIC LIBRARY

The Indian Trails Public Library will have a representative here on Wednesday mornings from 9:30–10:00 a.m. If you would like specific materials from the library, call the library and ask them to send it on Wednesday morning. You can then pick up your materials the next time you come into the Senior Center. Don't know what to read? Stop in and speak with the library representative and ask for suggestions! Stop in and browse the books that library staff bring in each week. You just may find a new favorite author. Call the Senior Center at 847-459-2670 for details.



## WHEELING PARK DISTRICT

**Friday “Headliner” Concert: Midwest Dueling Pianos**

**Date:** July 8

**Time:** 7 PM

**Location:** Heritage Park Performance Pavilion, 333 W. Dundee Road, Wheeling

Bring blanket or lawn chair for seating. Coolers allowed. No outside alcohol permitted. Beer/wine available for purchase.

**Sunday “Sounds of Summer” Concerts**

**Dates:** July 10 (Classical Blast), July 17 (Second Hand Soul), July 24 (American English), and July 31 (Banda Rika)

**Time:** 5PM

**Location:** Heritage Park Performance Pavilion, 333 W. Dundee Road, Wheeling

Bring your blanket or lawn chair for seating and enjoy show-stopping music.

**Thursday Movie in the Park: Frozen**

**Date:** July 21

**Time:** 8PM

**Location:** Heritage Park Performance Pavilion, 333 W. Dundee Road, Wheeling

Bring blanket or lawn chair for seating and see a showing of Disney’s Frozen SING-ALONG.

For more information, call 847-465-3333.

**Classic Car Show**

**Date:** Saturday, July 30

**Time:** 1-4 PM

**Location:** Heritage Park Performance Pavilion

**Fee:** FREE entry for spectators

**Car Entry Fee:** \$10 (before July 15), Day-of \$15 (if available); to register, fill out an entry form at the CRC or online at [wheelingparkdistrict.com](http://wheelingparkdistrict.com).

**Judged categories:** Antique, Classic, Modified, Muscle Car, Import and Sports Cars.

“Best in Show” at 3:45 PM. 60s Rock and Roll by the New Invaders. For more information call 847-465-333.

**Outdoor Aquafit**

**Saturdays, through August 20, 9-10 AM**

**Location:** Family Aquatic Center\*

Before the Family Aquatic Center opens to the public, get your workout in with the low-impact benefits of water resistance. \*Class meets at the Artic Splash indoor pool at 68 degrees and/or inclement weather. No registration required. Purchase a Class Pass at the CRC Guest Service Desk. For more information, call 847-465-333.

Tuesday Evening at Pavilion

The Wheeling Pavilion Senior Center will be open for games and conversation with friends. Please bring your favorite games and your own snacks, if desired. There is **NO CHARGE** for this event, but we ask that you register so we know how many people will be attending.

**Date:** Tuesday, July 19, 2016

**Time:** 6:00 P.M. – 8:00 P.M.

**Place:** Wheeling Pavilion senior Center

**Cost:** FREE, but registration is requested



Call the Senior Center at 847-459-2670 to reserve your space.  
We must have a minimum of 6 people registered in order to keep the center open!

## GERSHWIN AND BERNSTEIN CELEBRATION AT RAVINIA



Enjoy the music of George Gershwin and Leonard Bernstein in the beautiful Ravinia Park. We will arrive in time to find a great place on the lawn to set up our chairs. (Either bring your own or rent one there.) We will then enjoy a picnic with food you bring from home or purchase in the Ravinia Food Court. Enjoy fresh air and camaraderie before the concert begins.

**Date:** Wednesday, August 3, 2016

**Time:** Meet at the Pavilion at 4:00 p.m.  
The bus will leave at 4:15 p.m.

**Place:** Highland Park, IL

**Cost:** \$25 members/\$40 non-members  
by July 6, 2016;  
\$30 members/\$45 non-members  
July 7, 2016 or later if tickets are available.

**Call the Senior Center at 847-459-2670  
to reserve your space.**

**No refunds or credits after July 1, 2016**

**MANNY'S DELI #2**

Enjoy one of the best corned beef sandwiches around at the famous Manny's Deli in Chicago. Many other deli treats are available as well. The cost of this trip includes a \$15 gift card to be used for lunch.

**Date:** Friday, August 5, 2016

**Time:** Meet at the Wheeling Pavilion  
at 10:30 a.m.

The bus will leave at 10:45 a.m.

**Location:** Chicago, IL

**Cost:** \$29 members/\$44 non-members by July 5  
\$34 members/\$49 non-members July 6,  
or later if space is available

**Call the Senior Center at 847-459-2670  
to reserve your space.**

**Congressman Dold**

**Bring your questions for our  
Congressional Legislative Update!!**

**To extend constituent services, our U.S. congressman, Bob Dold, is coming to the Wheeling Pavilion Senior Center.**

**Congressman Dold will brief us on what's happening in Washington D.C. and address the many questions received at his legislative office on Social Security, Medicare, health and long term care programs, as well as resources of interest to seniors. Most importantly, he is seeking your input, so this is your opportunity to share your concerns face to face with the Congressman on all federal issues. If you wish to submit your questions early to our front desk, we will group them by like topics.**

**Date:** Wednesday, August 10, 2016

**Time:** 12:00 P.M.

**Place:** Wheeling Pavilion Senior Center

199 N. First Street

Wheeling, Illinois 60090

847-459-2670

## Anniversary Party

The Wheeling Pavilion Senior Center will be celebrating 31 years of great times. Join us as we celebrate the fun we have shared. Frank Rossi will be here to entertain us after lunch.



**Date:** Wednesday, August 17, 2016

**Time:** 11:30 A.M.

**Place:** Wheeling Pavilion Senior Center

**Cost:** Lunch at Pavilion is funded partially with funds granted by Age Options, the suburban area agency on aging, with funds from the Federal Administration on Aging and the Illinois Department of Aging. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent Diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES.

Come in to the Wheeling Pavilion to make your reservation or call us at 847-459-2670. Reservations must be made by August 8, 2016.

## COLE PORTER CELEBRATION AT RAVINIA

Enjoy the music of Cole Porter in the beautiful Ravinia Park. We will arrive in time to find a great place on the lawn to set up our chairs. (Either bring your own or rent one there.) We will then enjoy a picnic with food you bring from home or purchase in the Ravinia Food Court. Enjoy fresh air and camaraderie before the concert begins.

**Date:** Wednesday, August 17, 2016

**Time:** Meet at the Pavilion at 4:00 p.m.

The bus will leave at 4:15 p.m.

**Place:** Highland Park, IL

**Cost:** \$25 members/\$40 non-members by July 6, 2016;

\$30 members/\$45 non-members

July 7, 2016 or later if tickets are available.

**Call the Senior Center at 847-459-2670 to reserve your space.**

**No refunds or credits after July 1, 2016**



## SINGIN' IN THE RAIN

See the greatest movie musical of all time live on the Fireside stage. Singin' In the Rain is a fun-filled, high-stepping spoof of the days when Hollywood first learned to talk. Enjoy great songs such as "Good Morning", "Make 'Em Laugh", "Singin' In the Rain", and many more! Enjoy a delicious lunch, browse the unique shops at the Fireside, and this classic show.

**Date:** Wednesday, August 24, 2016

**Time:** Meet at the Wheeling Pavilion Senior Center at 8:15 a.m.

The bus will leave at 8:30 a.m.

(Please note the travel time each way is approximately 2 hours, depending on traffic.)

**Place:** Fireside Theatre in Fort Atkinson, WI

**Cost:** \$119 members/\$134 non-members by July 13, 2016

**Call the Senior Center at 847-459-2670 to reserve your space.**

**Please note: We must have a minimum of 12 people registered by July 6, 2016 in order to run this trip.**

**No refunds or credits after July 6, 2016**

**Please note: this trip is rated 3 shoes due to the length of the trip.**

**There is actually very little walking involved.**



## PLEASANT PRAIRIE OUTLET CENTER

Attention bargain hunters!  
The Wheeling Pavilion Senior Center is heading to the Pleasant Prairie Outlet Center in Pleasant Prairie, WI. Enjoy a fun day away shopping and finding that special item that you “just can’t live without”! **Please note: lunch will be at your own expense.**



**Date:** Tuesday, August 30, 2016  
**Time:** Meet at the Pavilion Senior Center at 9:00 a.m. The bus will leave at 9:15 a.m. The expected return time is 4:30 p.m., depending on traffic.  
**Location:** Pleasant Prairie, WI  
**Cost:** \$15 members/\$30 non-members by August 1, 2016; \$20 members/\$35 non-members August 2, 2016 or later if space is available

**Call the Senior Center at 847-459-2670 to reserve your space.**

**We must have a minimum of 10 people registered by August 1, 2016 in order to run this trip.**

**No refunds or credits after August 1, 2016.**



## YESTERDAY ONCE MORE

Legacy Girl Renee Hein and Guitarist Dave Byron present “Yesterday Once More”, a tribute to the music of Karen Carpenter and other legendary artists including Barbra Streisand, Dolly Parton, Elvis, and more. Relive your favorites during this show! The cost of this trip includes round trip transportation, the famous White Fence Farm chicken meal, and the show.

**Date:** Friday, September 30, 2016  
**Time:** Meet at Wheeling Pavilion at 10:15 a.m. The bus will leave at 10:30 a.m.  
**Place:** White Fence Farm in Romeoville, IL  
**Cost:** \$56 members/\$71 non-members by August 15, 2016; \$61 members/\$76 non-members August 16- August 23, 2016 if space is available

**Call the Senior Center at 847-459-2670 to reserve your space.**

**No refunds or credits after August 23, 2016**



## THE BRITISH ARE COMING!

Enjoy a delicious lunch at the Jacob Henry Mansion followed by a performance of the “Cavern Beat” a well-known Beatles tribute band. Close your eyes and you will believe that George, Paul, Ringo, and John are on stage performing just for you!



**Date:** Tuesday, September 20, 2016  
**Time:** Meet at the Wheeling Pavilion at 9:00 a.m. The bus will leave at 9:15 a.m.  
**Place:** Jacob Henry Mansion in Joliet, IL  
**Cost:** \$68 members/\$83 non-members by August 17, 2016; \$73 members/\$88 non-members August 18<sup>th</sup> or later, if space is available

**Call the Senior Center at 847-459-2670 to reserve your space.**

**No refunds or credits after August 15, 2016.**



**Save the date. Registration will be coming soon!**

**Motown and More  
October 19, 2016**



**Four Winds Casino October 27, 2016**



JULY 2016 CALENDAR OF EVENTS				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>4</b></p> <p>In celebration of Independence Day </p> <p><b>We will be closed on July 4th</b></p>	<p><b>5</b></p> <p>9:30: Exercise</p> <p>10:00: Computer Class by apt</p> <p>10:00: Current Events</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00: Mihai Viad</b></p> <p>12:30 Bridge</p> <p>1:00 : Community Volunteer Group</p> <p><b>CIE Russian Speaking Social Worker by apt</b></p>	<p><b>6</b></p> <p>9:00 : Exercise</p> <p>9:30 : Indian Trails Library Drop Off</p> <p>10:30 : Sing-A-long</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00: ComEd Smart Meter Program</b></p> <p>12:00: Stitch and *tch</p> <p>1:00 Open Game Play</p>	<p><b>7</b></p> <p>9:00 : Exercise</p> <p>10:00 Computer Class by Appt</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p>12:30 : Bridge</p> <p>1:00 Happy Hookers</p> <p>1:30: Color for Calm</p> <p><b>SHIP by appt 10-3</b></p>	<p><b>1</b></p> <p>9:15 Foot Care</p> <p>10:30 Wii Bowling</p> <p>11:30 Lunch at Pavilion</p> <p><b>12:00 Independence day Celebration</b></p> <p>1:00 Canasta</p> <p>1:15 Arthritis Exercise Program</p> <p>CIE Russian Speaking Social Worker by apt</p>
<p><b>11</b></p> <p>9:00 Exercise Video</p> <p>10:00 TLC (formerly BUGS)</p> <p>11:00 Wii Bowling</p> <p><b>11:30 Lunch at Pavilion</b></p> <p>1:15 Canasta/ Pinochle</p> <p><b>Begginer Computer Tutoring by appt</b></p>	<p><b>12</b></p> <p>9:30: Exercise</p> <p>10:00: Computer Class by apt</p> <p>10:00: Current Events</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00: Heather Braoudakis- American Bandstand</b></p> <p>12:30 Bridge</p> <p>1:00 : Community Volunteer Group</p> <p><b>CIE Russian Speaking Social Worker by apt</b></p>	<p><b>13</b></p> <p>9:00 : Exercise</p> <p>9:30 : Indian Trails Library Drop Off</p> <p>10:30 : Sing-A-long</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00: Medication Management</b></p> <p>12:00: Stitch and *tch</p> <p>1:00 Open Game Play</p>	<p><b>14</b></p> <p>9:00 : Exercise</p> <p>10:00 Computer Class by Appt</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00 : Giants in the Park</b></p> <p>12:30 : Bridge</p> <p>1:00 Happy Hookers</p> <p>1:30: Color for Calm</p> <p><b>SHIP by appt 10-3</b></p>	<p><b>15</b></p> <p>10:00 : Computer Class by Appt</p> <p><b>10:30: Your Clock is TickingGroup</b></p> <p>11:00 Wii Bowling</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p>1:00: Book Club</p> <p>1:00: Canasta</p> <p><b>CIE Russian Speaking Social Worker by apt</b></p>
<p><b>18</b></p> <p>9:00 Exercise Video</p> <p>10:00 TLC (formerly BUGS)</p> <p>11:00 Wii Bowling</p> <p><b>11:30 Lunch at Pavilion</b></p> <p><b>12:00: Steve Justman- Folk Tunes</b></p> <p>1:15 Canasta/ Pinochle</p> <p><b>Begginer Computer Tutoring by appt</b></p>	<p><b>19</b></p> <p>9:30: Exercise</p> <p>10:00: Computer Class by apt</p> <p>10:00: Current Events</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p>12:30 Bridge</p> <p>1:00 : Community Volunteer Group</p> <p><b>6:00: Tuesday Evening at Pavilion</b></p> <p><b>CIE Russian Speaking Social Worker by apt</b></p>	<p><b>20</b></p> <p>9:00 : Exercise</p> <p>9:30 : Indian Trails Library Drop Off</p> <p>10:30 : Sing-A-long</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00 : Cello and Piano Duo Concert</b></p> <p>12:00: Stitch and *tch</p> <p>1:00 Open Game Play</p>	<p><b>21</b></p> <p>9:00 : Exercise</p> <p>10:00 Computer Class by Appt</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00 : Officer Iaverde- Scam Update</b></p> <p>12:30 : Bridge</p> <p>1:00 Happy Hookers</p> <p>1:30: Color for Calm</p> <p><b>SHIP by appt 10-3</b></p>	<p><b>22</b></p> <p>10:00 : Computer Class by Appt</p> <p><b>10:00 Braing Games</b></p> <p><b>10:30: Russian Tea Time Support Group</b></p> <p>11:00 Wii Bowling</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p>1:00: Book Club</p> <p>1:00: Canasta</p> <p><b>CIE Russian Speaking Social Worker by apt</b></p>
<p><b>25</b></p> <p>9:00 Exercise Video</p> <p>10:00 TLC (formerly BUGS)</p> <p>11:00 Wii Bowling</p> <p><b>11:30 Lunch at Pavilion</b></p> <p>1:15 Canasta/ Pinochle</p> <p><b>Begginer Computer Tutoring by appt</b></p>	<p><b>26</b></p> <p>9:30: Exercise</p> <p>10:00: Computer Class by apt</p> <p>10:00: Current Events</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00: Tim Wilsey- NASA Program</b></p> <p>12:30 Bridge</p> <p>1:00 : Community Volunteer Group</p> <p><b>CIE Russian Speaking Social Worker by apt</b></p>	<p><b>27</b></p> <p>9:00 : Exercise</p> <p>9:30 : Indian Trails Library Drop Off</p> <p>11:30: Blood Pressure</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00: Food Safety 101</b></p> <p>12:00: Stitch and *tch</p> <p>1:00 Open Game Play</p>	<p><b>28</b></p> <p>9:00 : Exercise</p> <p>10:00 Computer Class by Appt</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00: Russ Knutsson-Marimba</b></p> <p>12:30 : Bridge</p> <p>1:00 Happy Hookers</p> <p>1:30: Color for Calm</p> <p><b>SHIP by appt 10-3</b></p>	<p><b>29</b></p> <p>10:00 : Computer Class by Appt</p> <p>11:00 Wii Bowling</p> <p><b>11:30 : Lunch at Pavilion</b></p> <p><b>12:00: The Discovery of Magic</b></p> <p>1:00: Canasta</p> <p><b>CIE Russian Speaking Social Worker by apt</b></p>

## TRIP AND PROGRAM CANCELLATION POLICY

Generally, if you cancel your reservation 7 business days or more before the event, we will work with you to fill your space with someone from the waiting list. If we can fill it, you will either be issued a credit voucher or you can work out an exchange with the person filling your space.

Please note: Due to dates we must make final payments, the refund deadline for trips will vary.

Check specific information for each trip.

**If cancellations are made less than 7 business days before the event or after final payment date posted, a credit will not be given.**

## AN IMPORTANT NOTE ABOUT TRAVELING WITH OUR GROUP

When traveling with the Wheeling Pavilion Senior Center, it is expected that the participant will arrive with the group, stay with the group, and travel back to the Senior Center with the group. In addition, it is expected that the participant will go directly from the bus into the venue as directed by the activity coordinator. **No Exceptions!** **Program credits will be given in full for programs or trips cancelled by the Senior Center.**

## HELPFUL HINTS TO MAKE SURE A FUN TIME IS HAD BY ALL !

- Please be sure to REGISTER EARLY TO AVOID DISAPPOINTMENT.
- We need to make monetary commitments to our venues at least 6 weeks in advance. If we don't have enough advance reservations, we may be forced to cancel a trip.
- If there is a menu option, please specify your choice when you register for the trip or program. Please note: menu options cannot be changed. *Be sure to read the menu carefully if you have any allergies or dietary needs. Contact Alysia if you need dietary accommodations.*
- Please carefully read the refund policy, the waiver, and caregiver policy before signing up for a trip. If you cannot "keep up" with the trip requirements, someone needs to accompany you as the trip coordinator cannot split up her time to care for individual needs.
- Please arrive on time for a trip as indicated as the bus cannot wait more than 5 minutes past the indicated time. If there are any questions regarding when to arrive for a trip, please ask someone at the reception desk or call Alysia at 847-459-2670 between the hours of 8:00 a.m. and 4:00 p.m.

## TRIP ETIQUETTE

Please respect your trip coordinator, bus driver, dining staff, theatre/venue staff, and all those who work very hard to make your experience a pleasant one. If there is free time, please arrive back at the bus or designated area at the time and place assigned by the trip coordinator. Please be respectful of your peers on the trip. If you go on a trip and it is deemed that a caregiver is needed for future trips, you will be asked to provide one before registering for more Senior Center trips. Unacceptable behavior will not be tolerated and will be reported to the Senior Center director who will assess whether or not the individual may attend future Senior Center trips.

## CAREGIVER POLICY

It is the intent of the Senior Center to provide travel opportunities that are educational and stimulating for a wide variety of interests. Due to the time and intensive nature of supervising such an event, our staff cannot be responsible for providing personalized caregiver attention to individuals, i.e. assisting with ambulation, toileting, dining, cognitive impairment assistance, etc. Therefore, the Senior Center reserves the right to deny a travel registration if it is determined that caregiving of this nature is required for a traveler. If the traveler has a caregiver accompanying them, the caregiver MUST complete his/her own registration form and payment.



VILLAGE OF WHEELING  
PAVILION SENIOR CENTER  
199 N. First Street  
Wheeling, IL 60090-0567

*The Wheeling Pavilion Senior Center is committed to accessibility for individuals with disabilities. The Pavilion's policy is to reasonably accommodate people with disabilities in accordance with the Americans with Disabilities Act (ADA). If you should require special accommodations at one of our functions call the Pavilion at (847) 459-2670 in advance.*

VILLAGE OF WHEELING  
BOARD OF TRUSTEES

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