

WHEELING FORWARD >>>

Wheeling Pavilion Programs



SEPTEMBER / OCTOBER 2018

**VILLAGE OF WHEELING POLICE &
HUMAN SERVICES DEPARTMENTS
PRESENT:**

SENIOR RESOURCE EXTRAVAGANZA

WHEN

**September 14, 2018
2pm - 4pm**

WHERE

**Shir Hadash Temple
Auditorium**

200 W. Dundee Rd., Wheeling, IL 60090

FEATURING • Catholic Charities • Wheeling Township Senior and Disabled Services • Wheeling Police Department • Local Assisted Living Communities and Rehabilitation Facilities • Great Raffle Prizes • Refreshments • Wheeling Senior Services • Wheeling Park District Senior Activities

WWW.WHEELINGIL.GOV

JOIN US!

FREE

Participating Organizations:

Visiting Angels; Catholic Charities, Partners in Senior Care, Creekside Health Center, Escorted Transportation, Wheeling Township, CEDA, Comfort Keepers, Greek American Rehabilitation and Care Center, Mark Drug, Extended Home Living Services, Adolorata Villa, IL Department of Veterans Affairs, In Home Counseling, Lutheran Home, Northshore Patients Advocates, Home Instead, Asbury Court, Gentle Home Services, Heritage Woods of Gurnee



SPONSORS

**Wheeling Police Department
Wheeling Human Services
Shir Hadash
Wheeling Park District**



If you receive a call from Somerville, MA 617-440-3505 rest assured it's the Wheeling Senior Services Department calling you with an important message. In order to better serve our community, we will be conducting robocalls with valuable information pertaining to any program provided by the Village of Wheeling Senior Services. If for any reason the message did not sound clear or cut off please give us a call at 847-459-2670

Somerville, MA
617-440-3507



HELP WANTED VOLUNTEERS

Part time rewarding experience
with flexible hours.

Excellent opportunity to meet new friends, be part of a great team, and have a giggle. No experience required. Please call Senior Services at 847-459-2670 for information.



SENIORS IN THE KNOW

logostar.com

Are there topics you want to learn more about?
Don't have time to go on the internet?
Can't find what you are looking for?
Want to share something interesting with others?

Please join us, after the Congregate Dining Program for "Seniors in the know". Each month there will be at least one, if not more, "Seniors in the know" educational topics facilitated by the Village of Wheeling and the Wheeling Human Services Department. You may join us for lunch or you may just come for the program which will be from **12-12:30 p.m.** Please RSVP either way at 847-459-2670. Check your newsletters for the dates and topics. We hope to see everyone there. If you have any suggestions for topics of interest, please contact Angela Burrell at 847-459-2640.

Upcoming Programs

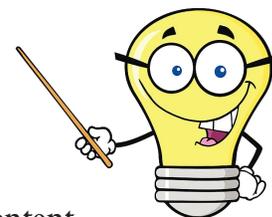
Friday, September 7, 2018 : Wheeling Fire Department fall avoidance/prevention

Tuesday, September 11, 2018 : Medicare updates for open enrollment

Wednesday, September 12, 2018 : Stress feeling overwhelmed/Anxiety

Tuesday, October 16, 2018 : Mental Health Awareness

Wednesday, October 24, 2018 : Holiday Depression: How to stay positive and content



SENIOR SERVICES THANKS...

- Jeanne Annis, Marilyn Hams, Dolores Kelley, Toni Nettnin, and Corky Weber for assembling the Wheeling Forward newsletter.
- Lunch at Pavilion volunteers Lee Becker, Marina Doherty, Kevin Frei, Czeslawa Gorka, Howard Grubman, Marilyn Hams, Pat Horejs, Darlene Kaplan, Marshall Kaplan, Barb LaHay, Anita Loewenstein, MaryAnn Marabella, Pat Rizzo, Vilma Sanchez, Bobi Spiegel, and Carol Targun.
- Technology learning volunteer Steve Rosengard.
- Steven Meyer III for coordinating the Stitch and *itch group.
- MaryAnn Marabella for coordinating the community volunteer



SENIOR CITIZENS COMMISSION



Pat Hawkins
Marshall Kaplan
Michael Kohen
Gerald Malin
MaryAnn Marabella
Pat Miller
Jackie Portnoy
Bruce Sembach
Roberta Vollriede

Meetings held at Village Hall the first Thursday of each month at 10am. For more information including agendas and minutes, please go to www.wheelingil.gov/179/Senior-Citizen-Commission

VILLAGE OF WHEELING SUBSIDIZED CAB PROGRAM
Discount (\$2 per voucher) by Village of Wheeling for Wheeling residents. To register, call the Senior Center at 847-459-2670. After receipt of enrollment card and vouchers you can make your own arrangements by calling American Cab Co. 847-253-4411 or 303 Cab Co. 847-537-0303.

WHEELING TOWNSHIP DIAL-A-RIDE/SENIOR DISABLED TRANSPORTATION

This service is a scheduled bus service using small buses. Passengers are picked up at their homes and taken to their destinations. Fare is \$2 each way. Preregistration and reservations are required and must be made 2 business days in advance. Call 847-259-7743 for information.

PACE PARATRANSIT BUS FOR PERSONS WITH DISABILITIES

Call PACE at 312-663-4357 to arrange for registration and an interview. Once certification process is completed, pre-arranged curb-to-curb service can be provided. The one-way fare for ADA Paratransit Services is \$3.00 for Cook County. If you need a companion with you, the companion rides free. **For handicapped riders only.**

RTA FREE OR REDUCED RIDE PROGRAM

Applications available at Pavilion Senior Center for a special users travel card that allows senior residents to travel on any RTA funded form of transportation free or at a reduced rate. Call 847-459-2670 for information.

PACE BUS SERVICE

PACE scheduled bus service with major destination stops in downtown Des Plaines, Mt. Prospect Metra Station, Randhurst Mall, Woodland Creek Apartments, Wheeling High School, Wheeling municipal complex, and Buffalo Grove terminal. Exact fare required. For information call the RTA Travel information center at 847-836-7000.

ESCORTED TRANSPORTATION SERVICE NORTHWEST

Program matches volunteer drivers with seniors 60 years of age and older who need a ride to and from their homes to doctor or dentist appointments. Call 847-222-9227. Donation of \$12 per round trip is suggested.



Village of Wheeling Social Services

MEMORY SCREENINGS

WHO SHOULD BE SCREENED?

Memory screenings make sense for everyone who is concerned with memory loss or experiencing the warning signs of dementia. If family and friends have noticed changes, or those who believe they are at risk due to a family history of Alzheimer's disease or related illness, screenings and testing are advised. For anyone who does not have a concern at this time, but who wants to establish a base line score for comparison in the future, testing is also available.



by appointment only (30 minutes)

Call the Wheeling Human Services at 847-459-2670 to schedule an appointment.

STATE OF IL BENEFITS FOR SENIORS

The benefits now available are:

- Seniors Free Transit Ride
- The Persons with Disabilities Free Transit Ride
- Secretary of State License Plate Discount.

To be determined eligible for these benefits, you must submit a **Benefit Access Application** : <https://www.illinois.gov/aging/BenefitsAccess/Pages/default.aspx> on the Internet. Paper applications are not available.

Call Wheeling Human Services at 847-459-2670 for an appointment.



SPECIAL NEEDS RESIDENT LIST

The Village of Wheeling Special Needs Resident Notification (IL Premise Alert Program Public Act 96-0788) is available to all Wheeling residents. The IL Premise Alert allows people with special needs to provide information to police, fire, and EMS personnel to be kept in a database. This information will be provided to responders dealing with situations involving the special needs individuals.



To let emergency personnel know about you or your family members' special needs, pick up a form at the Police Department or download from the Village website under "Premise Alert". Forms may be completed onsite, or you may send them to the Wheeling Police Department Communications Supervisor at 1 Community Boulevard, Wheeling, IL 60090. Your information will not be shared with anyone outside of the emergency personnel of the Village of Wheeling and any other agency needed to provide emergency response. The information provided on the list will not result in preferential treatment, or change the response of trained emergency personnel. Inclusion on the list will result in emergency responders being better prepared to assist individual residents with special needs.

Please contact either the Human Services Department at 847-459-2606 or the Wheeling Police Department Communications Supervisor at 847-459-2632 for further information

LENDING CLOSET

Wheeling Human Services manages a lending closet of medical equipment available to Wheeling residents. Equipment is loaned for a period of 30 days for wheelchairs and 60 days for all other medical equipment. If you or someone you know is in need of any equipment, call 847-459-2670.



MEDICARE OPEN ENROLLMENT: WHAT YOU CAN DO TO PREPARE

Routines help keep us focused, organized and even healthy. However, if your health routine doesn't include preparing for Medicare's Open Enrollment, now's the time to kick start a new healthy habit.

If you have a Medicare health or prescription drug plan, Open Enrollment runs October 15 through December 7 and is the time you can make changes to your plan. Even if you're happy with your current coverage, you might find something that's a better fit for your budget or your health needs. If you miss an Open Enrollment deadline, you'll most likely have to wait a full year before you can make changes to your plan.

Here are five important things every Medicare beneficiary can do to get in the Medicare Open Enrollment routine:

1. Review your plan notice. Be sure to read any notices from your Medicare plan about changes for next year, especially your "Annual Notice of Change" letter. Look at your plan's information to make sure your drugs are still covered and your doctors are still in network.
2. Think about what matters most to you. Medicare health and drug plans change each year and so can your health needs. Do you need a new primary care doctor? Does your network include the specialist you want for an upcoming surgery? Is your new medication covered by your current plan? Does another plan offer the same value at a lower cost? Take stock of your health status and determine if you need to make a change.
3. Find out if you qualify for help paying for your Medicare. Learn about programs in your state to help with the costs of Medicare premiums, your Medicare Part A (hospital insurance) and Medicare Part B (medical insurance) deductibles, coinsurance and copayments and Medicare prescription drug coverage costs. You can do this by visiting Medicare.gov or making an appointment with a local State Health Insurance Assistance program (SHIP) counselor.

Shop for plans that meet your needs and fit your budget. Starting in October, you can use Medicare's plan finder tool at Medicare.gov/find-a-plan to see what other plans are offered in your area. A new plan may:

- A. Cost Less
- B. Cover your drugs
- C. Let you go the providers you want, like your doctor or pharmacy.

If you find that your current coverage still meets your needs, then you're done. Remember, during Medicare Open Enrollment you can decide to stay in Original Medicare or join a Medicare Advantage Plan. If you're already in a Medicare Advantage Plan, you can switch back to Original Medicare.

5. Check your plan's star rating before you enroll. The Medicare Plan Finder has been updated with the 2018 Star Ratings for Medicare health and prescription drug plans. Plans are given an overall quality rating on a 1 to 5 star scale, with 1 star representing poor performance and 5 stars representing excellent performance. Use the Star Ratings to compare the quality of health and drug plans being offered.

These are a few easy ways to get a jump start on your Medicare Open Enrollment. For more information you can call 1-800-MEDICARE (1-800-633-4227) and say "Agent". TTY users should call 1-877-486-2048. Help is available 24 hours a day, including weekends. If you need help in another language other than English or Spanish, let the customer service representative know the language.

You can also visit a local State Health Insurance Assistance Program (SHIP) counselor! SHIP counselors provide free, one-on-one, non-biased Medicare assistance. Get free personalized health insurance counseling by calling your SHIP. The Village of Wheeling SHIP counselor will be available Wednesdays and Thursdays for appointments during open enrollment. Call 847-459-2670 for an appointment. Take charge of your health care and expenses!



Join us for a great meal and friends at LUNCH AT PAVILION. Excellent NEW menu selections, restaurant atmosphere, and table service -you can't beat it! Senior Services hosts meal service for anyone 60 years and better.

A nutritionally-balanced lunch is served **Monday thru Friday** from 11:30 a.m. until 12:30 p.m. Reservations are required and must be made by Wednesday for the following week. Each diner will receive written information regarding the cost of the meal and will have the opportunity to contribute to part or all of the cost. Social activities and informational programs are included as part of this program.

Funds (in whole/part) for the Lunch at Pavilion program are provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Administration for Community Living, U.S. Department of Health and Human Services under Title III of the Older American Act. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the check in desk at the Lunch at Pavilion site. THE CARDS HAVE NO EXPIRATION DATES.



The Village of Wheeling does not discriminate in admission to programs or activities or treatment of employment in compliance with appropriate State and Federal statutes.



Each time you check in for lunch, we ask that you present your card to have the meal card marked for that day's meal. The Lunch at Pavilion program is committed to providing meals to all older adults 60 and better, regardless of ability to pay. If you are financially unable to purchase a punch card, please see Shari, and they will gladly assist you. Meals are catered by Hoffman House. Lunch is often followed by a presentation, a speaker, or musical entertainment.

Telephone Reassurance



Our Telephone Reassurance Program is designed to help homebound elderly to remain independent in their own homes for as long as possible by providing reassuring telephone calls, social support, and safety checks. Our program strives to reduce isolation and help residents feel safer and more connected to their community.

**SIGN UP TODAY BY CALLING:
THE VILLAGE OF WHEELING
HUMAN SERVICES
DEPARTMENT
847-459-2606**



If you would like to add your

birthday to our

Lunch at Pavilion

Birthday Club board, please call

Senior Services

847-459-2670



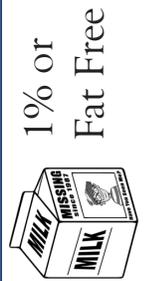


SEPTEMBER 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Riblet Baked Potatoes Red Cabbage & Apples Rye Bread Fruit Cup	4 CHOICE DAY ___ Italian Sausage/Wheat Bun OR ___ Turkey Spinach Wrap/W/Red Pepper Aioli 15-Bean Soup Whole Wheat Tortilla Fresh Melon	5 Jambalaya Brown Rice & Red Peppers Broccoli Corn Bread Chilled Peas	6 CHOICE DAY— Program ___ Chicken Tender Poor Boy (Pesto Mayo) OR ___ Tuna Salad Sandwich Soup Du Jour Wheat French Roll Chilled Peaches	7 Program Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Whole Orange
10 Kielbasa Dilled Baby Red Potatoes Red Cabbage & Apples Rye Bread Fruit Cup	11 CHOICE DAY ___ Italian Beef & Swiss America Focaccia OR ___ Orzo Chicken Salad Split Pea Soup Pineapple Tid Bits	12 Egg & Cheese Calzone Potato Hash Fruit Cup Corn Bread Fresh Orange	13 CHOICE DAY ___ Salmon Cake, Tartar Sauce Wheat French Roll OR ___ Julienne Turkey Salad Mediterranean Vegetable Soup Banana	14 Program Chicken Fajitas Corn & Red Peppers Spanish Rice & Refried Beans Tortilla Chips and Pico de Gallo, Sour Cream, Shredded Cheese Fresh Fruit Salad
17 Program Meatball Marinara Sub Sandwich Potatoes Italiano Italian Green Beans Soft Hoagie Roll Whole Orange	18 CHOICE DAY ___ Sloppy Joe Sliders OR ___ Parmesan Tuna Salad Sliders Fire Roasted Tomato Soup Mini Corn Dusted Kaisers Whole Apple	19 Program Ham & Turkey Club Focaccia Flat Bread Pea Salad Pineapple tidbits Lettuce and Tomato	20 CHOICE DAY— Program ___ Broccoli Quiche/ Dinner Roll OR ___ Brickyard Bistro/ Focaccia Cream of Mushroom w/ Barley Banana	21 Program Veal Parmesan Penne Pasta W/marinara Sauce Broccoli Whole Wheat Roll Fresh Melon
24 Chicken a la Orange Vegetable Rice Pilaf Green Bean Salad Wheat Cranberry Bread Hot Peach Crumble	25 CHOICE DAY ___ Southern Style Cornmeal Fish Sandwich wheat French roll & Louisiana Tarter Sauce OR ___ Chicken Caesar Salad Cream Of Broccoli Soup Melon	26 Classic Lasagna W/Meat Sauce Squash Medley Italian Green Beans Garlic Bread Oatmeal Raisin Cookie	27 CHOICE DAY ___ Shaved BBQ Beef Grinder/Focaccia OR ___ Surimi Crab Loui Salad, Hard Boiled Egg Lumberjack Vegetable Soup Apple Crisp	28 Program Hot Dog Twice Baked Potato Casserole Peas & Carrots Banana



**Lettuce & Tomato



1% or Fat Free

**** MENU SUBJECT TO CHANGE WITHOUT NOTICE****

Lunch at Pavilion Events



Thursday September 6, 2018
Feelin' Groovy-Heather Braoudakis

Are you "Feelin' Groovy?" Then be sure to join us for an entertaining evening, as Heather Braoudakis re-introduces us to the music of the 60's .

Friday September 21, 2018
Scam Update - Officer Scott Laverd

Officer Scott Laverd will be giving us information on the latest Scams and ways to prevent becoming a victim.



Friday September 7, 2018
Wheeling Fire Department fall avoidance/prevention.

Please join the Wheeling Fire Department in an informative presentation on Fall Avoidance/prevention. Learn tips to prevent falls as well as things to avoid.



Friday September 14, 2018
Mexican Independence Day

Mariachi singer Gabriel Estrada will be here to entertain and celebrate Mexican Independence Day.



Monday September 17, 2018
Riverview- John Boda

Everyone who grew up in the Chicago area remembers this famous amusement park. Join John Boda as he discusses the stories and pictures from this park.



Friday September 28, 2018
50's & 60's Party-Sandi Haynes

Enjoy a fun musical afternoon with Sandi Haynes as she delightedness us back to memory lane.

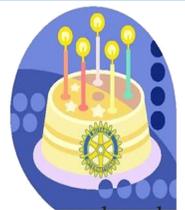


Wednesday September 19, 2018
Stress feeling overwhelmed
/ Anxiety

Join Angela Burrell as she discusses way to help battle every Day, worries, stress and anxiety. Learn about a new group That will be ofered to discuss this topic on a monthly basis



Thursday September 20, 2018
Rotary Birthday Celebration



Join us for this wonderful event featuring a great lunch provided by the Wheeling Rotary Club to help celebrate their birthday. Birthday Cake will be served. Sign up quick as space is limited to 80 guests.



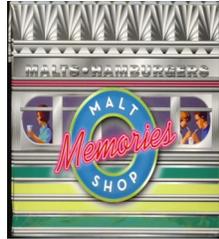
OCTOBER 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pork Roast W//Cinnamon Apples Au Gratin Potatoes Peas & Carrots Wheat Bread Pumpkin Bar	2 CHOICE DAY ___ Cheeseburger OR ___ Deviled Egg Salad Sandwich Tomato Soup Sliced Wheat Bun Pea Salad	3 Program Salisbury Steak/Gravy Mashed Potatoes Harvard Beets Multi-Grain Dinner Roll Pineapple Tidbits	4 CHOICE DAY ___ Chicago Style Hot Dog OR ___ Chef Salad Wrap Navy Bean Soup Dinner Roll Fresh Melon	5 Classic Lasagna w/Meat Sauce Broccoli Chef's Choice Vegetable Wheat Bread Oatmeal Raisin Cookie
8 Roast Turkey & Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit	9 CHOICE DAY ___ Spinach Swiss Souffle OR ___ Chicken Caesar Salad Lumberjack Soup Multi Grain Bread Ranger Cookie	10 Program Spaghetti & Meatball Marinara Mixed Salad Greens w/ Chick Peas French Bread Warm Peach Cobbler	11 CHOICE DAY ___ Chicken Parmesan Sandwich OR ___ Tuna Spinach Salad, Hard Boiled Egg Cream of Broccoli Wheat French Roll Tri Bean Salad	12 Citrus Alaskan Pollock Vegetarian Rice Pilaf Northern Bean & Tomato Medley Multigrain Grain Dinner Roll Mixed Salad Greens Fresh Melon
15 Hot Roast Beef Mashed Potatoes/Gravy Northwest Blend Medley Wheat Bread Fresh Orange	16 CHOICE DAY Program ___ BBQ Riblet/Bun OR ___ Chicken Salad Cream of Potato Soup Rye Bread Cinnamon Apples	17 Turkey Divan Vegetarian Rice Pilaf Broccoli Chef's Fruit Biscuit Oatmeal Raisin Cookie	18 CHOICE DAY ___ Surimi Crab Cake Sandwich OR ___ Turkey Trio & Cheese Sub Sandwich Split Pea Soup Sliced Wheat Bun Banana	19 Program Chicken Breast Parmesan Penne Pasta/Marinara Squash Medley French Bread Chilled Peaches
22 Program Sliced Bavarian Style Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	23 CHOICE DAY ___ Chicago Style Hot Dog OR ___ Turkey Pasta Salad/Shell Rigate Tomato Lentil Wheat Hot Dog Bun Gamma Apple bar	24 Program Texas Chili Mac & Cheese Country Blend Vegetable Corn Bread Fruit Cocktail	25 CHOICE DAY ___ Cheeseburger OR ___ Julienne Ham Greek Salad Duchess Cheese Soup Sliced Wheat Bun Fresh Melon	26 Program Potato Crusted Fish Filet Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding
29 Slow Roasted Beef/Gravy Mashed Potatoes Brussels Sprouts Multi Grain Bread Chilled Peas Ranger Cookie	30 CHOICE DAY ___ Meatball Sub OR ___ Spinach, Cheddar & Turkey Roll-up/Wheat Tortilla Bean Soup Soft Hoagie Roll Banana	31 Halloween Party Skeleton BBQ Ribs Monster Mashed Potatoes Creepy Calico Corn Ghostly Coleslaw Hangman's Knot Dinner Rolls Jack lantern Pumpkin Pie	**MENU SUBJECT TO CHANGE WITH OUT NOTICE** <div style="display: flex; align-items: center; justify-content: center;">  <div style="text-align: center;"> <p>1% or Fat Free Milk served</p> </div>  </div> <p style="text-align: center; margin-top: 10px;">**Lettuce & Tomato Garnish</p>	

Lunch at Pavilion Events

Wednesday October 3, 2018
Malt Shop Memories – Jan & Gino

Return to the 1950's with performers Jan and Gino. The popular duo will perform doo-woop and hits of the decades.



Monday October 22, 2018
Scam Update– Officer Scott Laverd

Officer Laverd from the Wheeling Police Department will be here to update us on the latest scams and how to avoid becoming a victim of them.



Wednesday October 10, 2018
Mysterious Hollywood Deaths –Tim Wilsey

Come Join Tim Wilsey as we hear about some of the most mysterious deaths in Hollywood history, as well as the stories and myths behind these legendary deaths.



SENIORES IN THE KNOW Tuesday October 24, 2018
Mental Health Awareness

Please join Angela Burrell as she discusses Mental Health Awareness, different categories of Mental illness as well as resources and medications that can provide assistance and relief to people with Mental Health issues.



SENIORES IN THE KNOW Tuesday October 16, 2018
Medicare updates for open enrollment

Learn about the changes to Medicare Prescription drug plans and new Medicare cards from a SHIP counselor.



Friday October 26, 2018
Haunted Chicago– John Boda
Start your Halloween celebration early! John Boda will be here to tell us about the greatest hauntings in Chicago.



Friday October 19, 2018
October Fest– Mike Nauf

Sponsored by Indian Trails Public Library Oktoberfest is a celebration of Bavarian culture and is typically held in fall. Join the celebration as we feast and enjoy the music of Mike Nauf.



HALLOWEEN

Wednesday October 31, 2018
Halloween Party– Peter Miletic

It's time to get out your costumes and celebrate Halloween enjoy Lunch and a Halloween themed musical program by Peter Miletic. This program is generously sponsored by Addolorata Villa.

GET YOUR SILVERSNEAKERS ON AND KEEP MOVING!

NEW low-impact training for all fitness levels

SilverSneakers®
by Tivity Health

SILVERSNEAKERS CLASSIC CLASSES

Increase muscle strength and range of movement, and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor can modify the exercises for your fitness level.

Classes are free with your Wheeling Park District Fitness Center membership, or purchase a Group Fitness Class Pass at the Fitness Center Desk.

MONDAY

9:00-9:45 AM

with Georgette in Room 201

TUESDAY

11:30 AM-12:15 PM

with Kathy in Room 102

For more information, call 847-465-2943.

Wheeling Park District Fitness Center
100 Community Boulevard
Wheeling, IL 60090

www.wheelingparkdistrict.com



Wheeling Walks



Feel good.... take a walk!

Every Saturday
9:30 AM

Performance Pavilion at Heritage Park

FREE

Join us for a walk around beautiful Lake Heritage. *In case of inclement weather, meet at the CRC walking track.*

WHEELING WALKS FALL KICKOFF · September 22 · 9:30 AM

·Heritage Park Come for the treats; stay for the fun!

PICKLEBALL

Tennis, ping pong and badminton are rolled into one fun sport. It's a great way to stay active and meet new people. Some equipment is provided or bring your own.

Drop-in: Tuesday and Thursday, 9 AM-12 PM

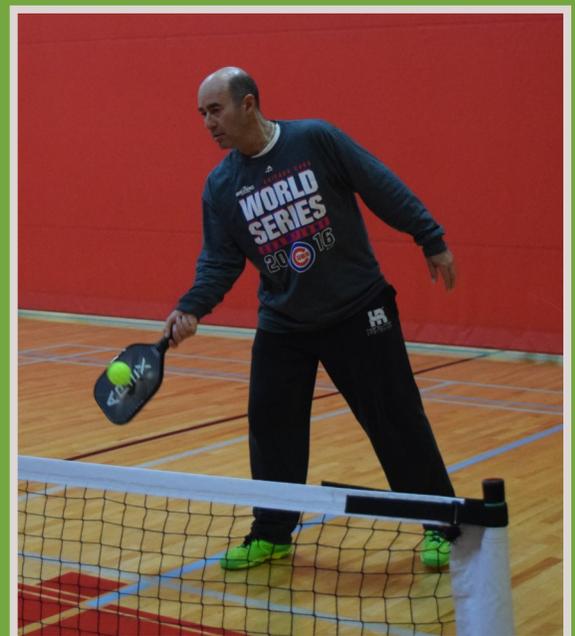
Friday, 6-9 PM

Location: CRC

Daily Fee: \$4/resident; \$5/non-resident

For more information, call 847-465-3333.

Lessons: One-hour private and group lessons available. Location: CRC Call or email Dana Joseph for available days and times at Dsj2@comcast.net or 847-404-3174.



FREE DROP-IN PROGRAMS



Join us at the Community Recreation Center (CRC) Monday through Friday for a variety of free, drop-in programs. See the chart below for a complete listing of the day, time, program name and room number. All rooms are located on the second level of the CRC.

Please be aware that other programs may be scheduled in these rooms prior to the one you are attending. Thank you in advance for your patience.

<u>Day</u>	<u>Time</u>	<u>Program</u>	<u>Rooms</u>
Monday	12:00-3:30 pm	Canasta & Pinochle	203
Tuesday	11:30 am-3:00 pm	Int. Bridge	203
Tuesday	10:00 am-12:00 pm	Current Events	203
Tuesday	1:00-3:00 pm	Volunteer Craft Group	201/202
Wednesday	12:30-3:00 pm	Stitch & Itch	201/202
Wednesday	1:00-3:00 pm	Open Card Game Play	203
Thursday	11:30 am-3:30 pm	Int. Bridge	203
Thursday	1:00-3:30 pm	Color for Calm	201/202
Thursday	1:00-3:30 pm	Happy Hookers	201/202
Friday (last Fri of the month)	10:00 am-11:00 am	Friday Brain Games	201/202
Friday	12:00-3:45 pm	Canasta & Pinochle	201/202
Friday (2nd Fri of the month)	10:00-11:00 am	Social Hour	201/202
Friday (3rd Fri of the month)	1:00-2:00 pm	Book Club	201/202

TAKE A TRIP



WHITE FENCE FARM: Peter Oprisko **Thursday, 9/13, 10 AM**

Location: Romeoville, IL

Fee: \$58/resident; \$63/non-resident

Registration Code: 312551-01

Enjoy the famous White Fence Farm chicken meal with side dishes and dessert. A musical performance by Peter Oprisko takes place after lunch. *Meet at the CRC. Expected return*



MORTON ARBORETUM

Wednesday, 10/17, 9:45 AM

Location: Lisle, IL

Fee: \$35/resident; \$40/non-resident

Registration Code: 312551-02

Enjoy lunch at your expense in the beautiful Morton Arboretum café. Walk around and enjoy the beautiful fall colors and then hop aboard the Acorn Express for a narrated tram tour of the grounds. *Meet at the CRC. Ex-*



BEAUTY AND THE BEAST

Wednesday, 11/14, 10:15 AM

Location: Oakbrook Terrace, IL

Fee: \$85/resident; \$90/non-resident

Registration Code: 312551-03

This "tale as old as time" is the story of beautiful heroine who risks everything to break a spell imprisoning a castle of enchanted misfits and a terrifying beast. Ticket and lunch

Walk-In

Community Recreation Center

100 Community Blvd, Wheeling

Three Ways to Register **By Phone**

Call 847-465-3333

www.wheelingparkdistrict.com

Pay by phone with credit card

Online



Oktoberfest

GERMAN FOOD & DRINK

saturday, september 29

3:00 - 8:00 pm

Live Music by

Dan Mateja & the International Polka Association Tribute Band
and
7th Heaven

FREE ADMISSION!

JOIN US FOR A DAY OF FOOD, BEER, MUSIC AND MERRIMENT

Performance Pavilion at Heritage Park
201 Community Boulevard, Wheeling
www.wheelingparkdistrict.com



FUN AND GAMES!



All About Autumn

T U R K E Y U M C S N I K P M U P I
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 S T H A N K S G I V I N G E Z Q C O

Word List:

APPLES
 CHESTNUTS
 COOL
 ELECTIONS
 FOOTBALL
 HALLOWEEN
 MAIZE
 PEARS
 SCARECROW
 THANKSGIVING

AUTUMN
 COBWEB
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 FALL
 FROST
 HARVEST
 NOVEMBER
 PIE
 SCARF
 TREES

BOUNTY
 COLORS
 COSTUMES
 FEAST
 GHOSTS
 HAYRIDE
 NUTS
 PUMPKINS
 STUFFING
 TURKEY

BRISK
 COLUMBUS
 CRANBERRIES
 FOLIAGE
 GOURDS
 LEAVES
 OCTOBER
 RAKE
 SWEATERS
 VETERANS

VILLAGE OF WHEELING
SENIOR SERVICES
1 Community Blvd.
Wheeling, IL 60090

The Village of Wheeling Senior Services is committed to accessibility for individuals with disabilities. The Pavilion's policy is to reasonably accommodate people with disabilities in accordance with the Americans with Disabilities Act (ADA). If you should require special accommodations at one of our functions call the Pavilion at (847) 459-2670 in advance.

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