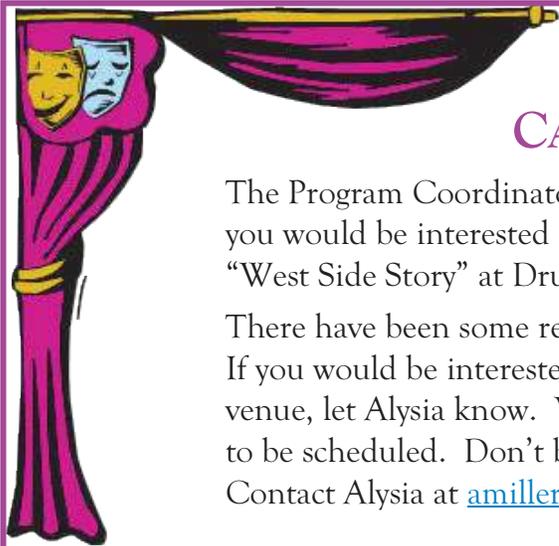




JUNE 2014

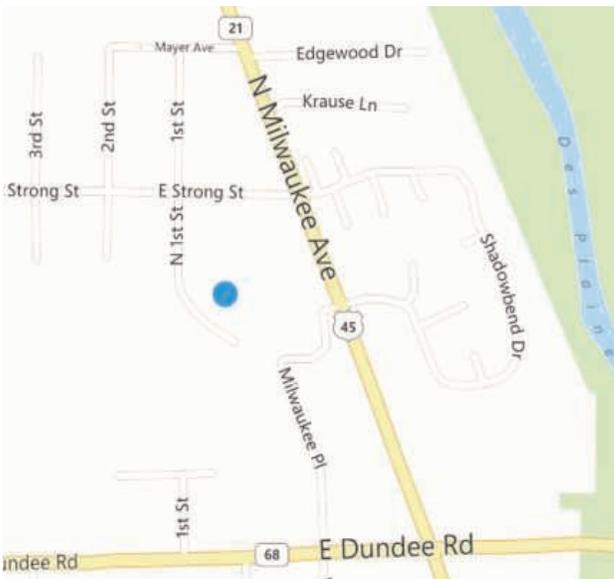


CALLING ALL THEATRE FANS!

The Program Coordinator is considering several theatre trips. Please let Alysia know if you would be interested in attending lunch and a performance of “Camelot” and/or “West Side Story” at Drury Lane Theatre.

There have been some requests to offer a group trip to Marriott Lincolnshire Theatre. If you would be interested in seeing “On the Town” and/or “The King and I” at this venue, let Alysia know. We need to have a strong interest in these trips in order for them to be scheduled. Don’t be shy.

Contact Alysia at amiller-goldstein@wheelingil.gov or at 847-459-2670.



DIRECTIONS TO OUR CENTER

From Milwaukee Ave. North

- Milwaukee Avenue South to Strong Street (at the Starbucks)
- Turn right on Strong, travel one block to 1st Street.
- Turn left on 1st Street 1/2 block to the Pavilion Senior Center

From Milwaukee Avenue South

- Milwaukee Avenue North to Strong Street (at the Starbucks)
- Turn left on Strong, travel one block to 1st Street.
- Turn left on 1st Street 1/2 block to the Pavilion Senior Center

From Dundee East or West

- Take Dundee East or West to Milwaukee Avenue
- Turn North on Milwaukee (towards Walgreens) to Strong (at Starbucks)
- Turn left on Strong, drive one block to 1st Street
- Turn left on 1st Street 1/2 block to the Pavilion Senior Center

199 N. First Street • Wheeling, Illinois 60090 • 847-459-2670 •

PAVILION THANKS...

- Jeanne Annis, Renee Dicker, Marilyn Hams, George Hieber, Dolores Kelley, Jenny Levine, Joannie Purvin, and Pinky Wennerstrom for assembling the Wheeling Forward newsletter.
- Geri Brockett, Renee Dicker, Barbara Grossman, Marilyn Hams, Tom Logan, Mary Ann Marabella, Alicia Ross-Rudolf, Bobbie Sfondilis, and Roberta Vollriede for volunteering at the front desk.
- Flo Feiner, volunteer Sing-a-Long musical director.
- Pat Miller, our SHIP (Senior Health Insurance Program) representative.
- Gloria Lederman, volunteer exercise instructor on Tuesday and Thursday for Wheeling Park District Stay Fit classes.
- Lunch at Pavilion volunteers Lee Becker, Martha Crost, Czeslawa Gorka, Pat Gouletas, Marilyn Hams, Barb LaHay, Thomas Logan, Pat Maziarka, Laura Nava, Joannie Purvin, Rich Richman, and Bobi Spiegel.



ADVISORY COUNCIL

Bill Churchill
 Kathy Gulyas
 Harley & Eileen Halleck
 Marilyn Hams
 Gerald Malin
 Pat Miller
 Joannie Purvin
 Roberta Vollriede

TRANSPORTATION RESOURCES

VILLAGE OF WHEELING SUBSIDIZED CAB PROGRAM
 Discount (\$2 per voucher) by Village of Wheeling for Wheeling residents. To register, call the Senior Center at 847-459-2670. After receipt of enrollment card and vouchers you can make your own arrangements by calling American Cab Co. 847-253-4411 or 303 Cab Co. 847-537-0303.

WHEELING TOWNSHIP DIAL-A-RIDE/SENIOR DISABLED TRANSPORTATION

This service is a scheduled bus service using small buses. Passengers are picked up at their homes and taken to their destinations. Fare is \$2 each way. Preregistration and reservations are required and must be made two business days in advance. Call 847-259-7743 for information.

PACE PARATRANSIT BUS FOR PERSONS WITH DISABILITIES

Call PACE at 312-663-4357 to arrange for registration and an interview. Once certification process is completed, pre-arranged curb-to-curb service can be provided. The one-way fare for ADA Paratransit Services is \$3.00 for Cook County. If you need a companion with you, the companion rides free. **For handicapped riders only.**

RTA FREE OR REDUCED RIDE PROGRAM

Applications available at Pavilion Senior Center for a special users travel card that allows senior residents to travel on any RTA funded form of transportation free or at a reduced rate. Call 847-459-2670 for information.

PACE BUS SERVICE

PACE scheduled bus service with major destination stops at downtown Des Plaines, Mt. Prospect Metra Station, Randhurst Mall, Woodland Creek Apartments, Wheeling High School, Wheeling municipal complex, and Buffalo Grove terminal. Exact fare required. For information call the RTA Travel information center at 847-836-7000.

ESCORTED TRANSPORTATION SERVICE NORTHWEST

Program matches volunteer drivers with seniors 60 years of age and older who need a ride to and from their homes to doctor or dentist appointments 847-222-9227. Donation of \$12 per round trip is suggested.

JUNE BIRTHDAYS



- 1 Christine Dolgopol & Dick Lindahl
- 2 Betty Caouette
- 3 John Mullin
- 4 Ann Lee, Blanche Majkowski & Mary Reid
- 6 Nolberta Nelson & Marvin Weiss
- 7 Patsy Gerspach & Mona Vady
- 11 Pauline Guttmann
- 12 Jane Berman & Jean Nikolich
- 13 Fred McGowan & Cecilia Pfeiffer
- 14 Geraldine Toher
- 15 Elise Frei & Marilyn Hams
- 17 Kevin Frei
- 18 Richard Rosen
- 20 Kathleen Gulyas
- 21 Hannelore Piontek
- 23 Ronald Isaacson
- 26 Carole Marchi
- 27 Vivian Morici
- 30 Josephine Pidone



HELP WANTED!

Are you a friendly person? Do you like to help others?
The Wheeling Pavilion Senior Center is looking for volunteers to staff our many volunteer opportunities. Shifts are typically 3-4 hours long, either weekly or periodically. Duties vary by position.

If you are interested, please contact Alysia at 847-459-2670.



SCHEDULE AT A GLANCE

MONDAY

- 9:00-10:00 Stay Fit w/video
- 10:30-11:30 Wii Bowling & Games
- 11:30-12:30 Lunch at Pavilion
- 1:00-3:30 BUGS (computer user group)
- 1:00-3:30 Canasta and Pinochle

TUESDAY

- 9:30-3:30 CJE Russian Speaking Social Worker by appt.
- 10:00-12:00 Current Events
- 10:00-11:00 Stay Fit Fitness
- 12:30-3:30 Intermediate Bridge

WEDNESDAY

- 9:00-10:30 Stay Fit Fitness
- 9:30-10:00 Indian Trails Library Drop Off and Pickup
- 10:30-11:30 Sing-a-Long
(1st, 2nd, & 3rd WED only)
- 11:30-12:00 Blood Pressure *(4th WED of the month)*
- 11:30-12:30 Lunch at Pavilion
- 1:30-3:00 Stitch and *itch

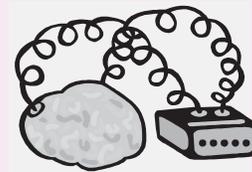
THURSDAY

- 10:00-11:00 Stay Fit Fitness
- 9:00-11:00 Gin/Hearts group
- 9:00-1:00 SHIP by appt.
- 12:30-3:30 Intermediate Bridge
- 1:00-3:30 Happy Hookers

FRIDAY

- 9:00-3:30 CJE Russian Speaking Social Worker by appt.
- 10:00-11:00 Brain Games *(4th FRI of the month)*
- 10:30-11:30 Wii Bowling & Games
- 11:30-12:30 Lunch at Pavilion
- 1:00-2:00 Book Club *(3rd Friday of the month)*

BRAIN GAMES



Playing games that encourage you to think is one of many ways to keep your memory sharp. Brain Games will help you improve your focus, concentration, and memory through a series of exercises and games. Join us for a thought provoking program of games to keep your brain sharp.

- Date:** Friday, June 27, 2014
- Time:** 10:00 a.m.
- Place:** Wheeling Pavilion Senior Center
- Cost:** *FREE* but reservations are requested in order to have enough materials for all in attendance.

Call the Senior Center at 847-459-2670 to reserve your space for this exciting program.

FOOT DOCTOR

Dr. Nikola Ivancevic, DPM comes to Pavilion Senior Center to provide foot care to Pavilion members. Medicare and most PPO insurance are accepted and will be billed by the doctor's office directly. Diabetic footwear also available.



Call Laura at 630-782-6557 to schedule your Friday appointment.

BLOOD PRESSURE SCREENING

**Last Wednesday of every month
11:15 a.m.**

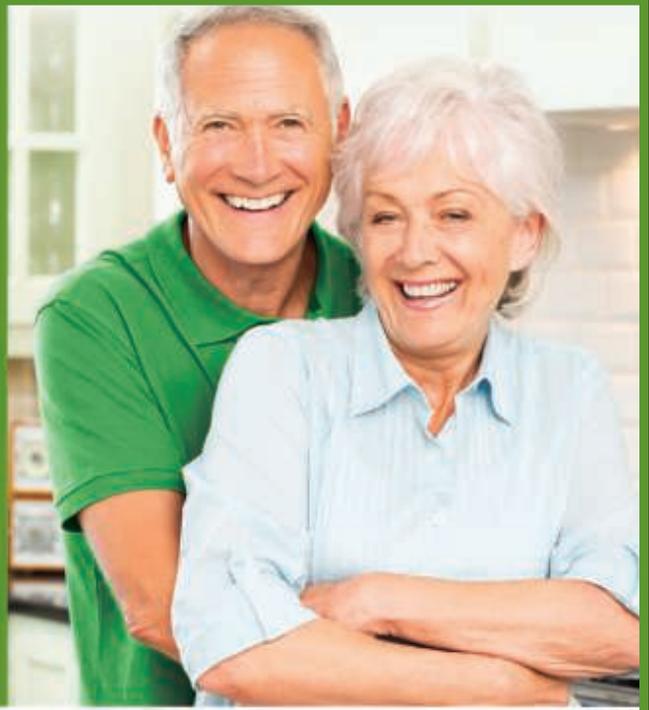
Services provided by the Wheeling Township Nurse, Karen McNeir, R.N.



Northwest Community Healthcare SENIOR SERVICES

Northwest Community Healthcare is dedicated to providing comprehensive healthcare to our older adult patients, as well as maintaining the overall health and wellness of our senior community.

- Health seminars and support groups for patients and caregivers (Stroke, Parkinson's and Cancer)
- Palliative Care and home health services
- Senior physical fitness screenings, Walkers' Club, balance testing and more
- Smoking cessation program
- Partnerships with skilled facilities to ensure high-quality outcomes after hospitalization
- Animal-assisted therapy during hospitalization



Join our **FREE Emerald Circle Senior Services club** at nch.org/emeraldcircle



When recovering from an injury, illness or surgery, sometimes, even the simplest tasks can seem monumental.

ManorCare 
at Arlington Heights

Comprehensive skilled nursing and rehabilitation services
847.392.2020

Your best way home is through our doors.

Experience Makes a Difference.

Kolssak FUNERAL HOME

Celebrate Life

847-537-6600



CHURCH CREEK SENIOR LIVING -
Care-free Living
FOR
ARLINGTON HEIGHTS SENIORS

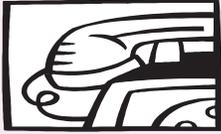
OFFERING:

- Independent & Assisted Living
- Memory Care
- Respite/Short-Term Stays
- Skilled Nursing Care

CHURCH CREEK

FIVE STAR SENIOR LIVING*
1250 West Central Road
Arlington Heights, IL 60005
847-506-3200
www.ChurchCreekRetirement.com

©2012 Five Star Quality Care, Inc. 



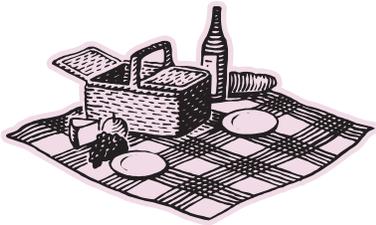
“Good Morning”,
“How Are You This Fine Day”?
asks the volunteer from the
Wheeling Pavilion Senior Center.

WHAT: Telephone Reassurance Program

WHEN: Monday thru Friday before
9:00 a.m. each morning

WHY: Because we CARE
about your well being

**For more information, please call
the Wheeling Pavilion Senior Center
at 847-459-2671
and ask for Jan Christiansen**



STATE OF ILLINOIS BENEFITS FOR SENIORS

The benefits now available
are:



- Seniors Free Transit Ride
- The Persons with Disabilities
Free Transit Ride
- Secretary of State License Plate Discount



To be determined eligible for these benefits,
you must submit a **Benefit Access Application**
on the Internet. Paper applications are not
available.

Call the Wheeling Pavilion Senior Center
at 847-459-2670 for an appointment.

Important Information For YOU!

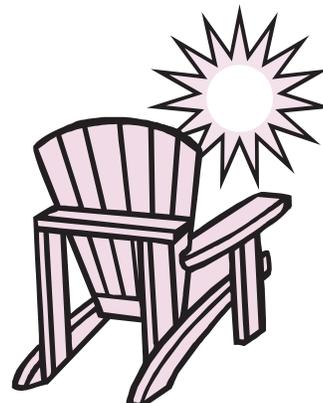


Cut the Red Tape with Benefits Assistance

Have you wondered if there is any help for all these Medical bills?? Is there anyone I can talk to, to learn more about Public assistance? Many forms can be very confusing: we can help in clarifying and processing applications. Many seniors or persons with disabilities aren't aware of the ways they might be able to make some major concerns and expenses easier. Learn if you might qualify for benefits to purchase healthier foods! Join the Village of Wheeling Human Services Department as they welcome Catholic Charities Northwest Senior Services for one-on-one assistance. Half hour appointments available for benefits eligibility exploration/application beginning at 1:00 pm on June 5th. Please contact the Wheeling Pavilion Senior Center to sign up at (847)459-2670.

Wheeling Pavilion Senior Center

199 N. First Street
Wheeling, IL 60090



YOUR CLOCK IS TICKING

*"Life is like a box of chocolates.
You never know what you're going to get."*

–Tom Hanks, Forest Gump

But for those who make critical decisions, life can be different.

Enjoy your life NOW. Your life should be about aspirations and inspirations, not about waiting until the grass turns greener in your life. Learn to experience the greatest things life has to offer, the incredible achievements you want to make. This group will meet the **THIRD FRIDAY** of each month.

Date: Friday, June 20, 2014
Place: Wheeling Pavilion Senior Center
Time: 10:30 a.m. – 11:30 a.m.
Group Facilitator: Jan Christiansen, MSW, Social Services
 847-459-2671


IMPROVING FAMILY CAREGIVER KNOWLEDGE
YOU ARE NOT ALONE...
**PLEASE JOIN OUR NEW
GROUP FOR 2014**

The role and importance of family caregivers is growing. There are as many as 90 million family caregivers in the U.S. today who are caring for a loved one with a chronic condition, disability, special needs or the frailties of old age. As a caregiver you assume additional responsibilities, absorb stress, and often minimize its impact. This group will provide reliable resources and helpful tips to take care of your loved ones and yourself. Remember to give yourself credit for doing the best you can in one of the toughest jobs there is!



This group will meet every **FOURTH THURSDAY** of each month.

Date: Thursday, June 26, 2014
Place: Wheeling Pavilion Senior Center
Time: 6:00 p.m. – 7:30 p.m.
Group Facilitator: Jan Christiansen, MSW, Social Services
 847-459-2671

WANTED: HOUSES SEEKING CURB APPEAL!

The 27th Annual Community Paint-A-Thon will be held on Saturday, September 13, 2014. While the date is a long way off, applications are now available. If the exterior of your house needs to be painted due to peeling, fading or worn paint, consider applying. The program provides for the painting of the exterior of single family homes at no cost to those who qualify.

To qualify, homes must be owned and occupied by people with limited financial resources and the owners must be at least 60 years of age or have a permanent disability that hinders them from doing the work themselves. Once a home is determined eligible, volunteer teams are matched to do the scraping, priming and painting of the house. The Community Paint-A-Thon covers ten townships including Barrington, Elk Grove, Hanover, Maine, New Trier, Nilus, Northfield, Palatine, Schaumburg and Wheeling.

If you or someone you know needs their home painted, please contact Catholic Charities at 847-253-5500.

The Paint-A-Thon is a major community-wide event. Teams of volunteers are recruited from businesses, churches, social and civic groups. If you are interested in volunteering, please contact Annette Sommer at HandsOn Suburban Chicago at 847-228-1320.



LUNCH AT PAVILION

8

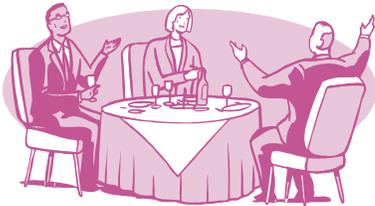
Join us for a great meal and great friends at LUNCH AT PAVILION. Excellent NEW menu selections, restaurant atmosphere, table service — you can't beat it! The Senior Center hosts meal service for anyone 60 years and better.

A nutritionally-balanced lunch is served Monday, Wednesday, and Friday from 11:30 a.m. until 12:30 p.m. Reservations are required and must be made by Wednesday for the following week. Each diner will receive written information regarding the cost of the meal and will have the opportunity to contribute to part or all of the cost. The suggested donation per meal is \$4.00. Social activities and informational programs are included as part of this program.

Lunch at Pavilion is funded partially with funds granted by Age Options, the suburban area agency on aging, with funds from the Federal Administration on Aging and the Illinois Department of Aging. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES.

Each time you check in for lunch, we ask that you present your card to have the meal card marked for that day's meal. The Lunch at Pavilion program is committed to providing meals to all older adults 60 and better, regardless of ability to pay. If you are financially unable to purchase a punch card, please see Shari or Alysia, and they will gladly assist you. Meals are catered by Catholic Charities. Lunch is often followed by a presentation, a speaker, or musical entertainment.

For more information regarding how to register or volunteer, please contact the Wheeling Pavilion Senior Center at 847-459-2670 and ask for Jesus Delgado.



PLEASE LET US KNOW IF YOU WOULD PREFER TO PICK UP YOUR NEWSLETTER

_____ I prefer to pick up my newsletter at the Wheeling Pavilion Senior Center
(or indicate below name of person who will pick up newsletter for you)

Signature of Member

Name of person who will pick up newsletter for me

Please clip this coupon and bring it in or mail it to the Wheeling Pavilion Senior Center no later than June 12, 2014. All future newsletters will be held for pickup at the front desk.

LUNCH AT PAVILION EVENTS

9

Lunch at Pavilion is funded partially with funds granted by Age Options, the suburban area agency on aging, with funds from the Federal Administration on Aging and the Illinois Department of Aging. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES.

THE PROGRAMS LISTED BELOW WILL BEGIN AT APPROXIMATELY NOON.

HEATHER BRAOUDAKIS PRESENTS "A GRAND NIGHT FOR SINGING ROGERS AND HAMMERSTEIN"

Friday, June 6, 2014

Heather will be here to entertain us with favorite songs such as "The Sound of Music", "I Enjoy Being a Girl", "I'm Going to Wash That Man Right Outa My Hair", and more!



LIGHTHOUSE FOR THE BLIND PRESENTATION

Wednesday, June 11, 2014

A representative from the Lighthouse for the Blind will be here to discuss their services.



FATHER'S DAY CELEBRATION

Friday, June 13, 2014

Celebrate the fathers in your life at the Wheeling Pavilion Senior Center Father's Day celebration. Wear your craziest tie and be prepared to enjoy the music of Steve Justman and his salute to dads.



NEW YORK LIFE MEDICAL ID CARDS

Wednesday, June 18, 2014

New York Life Insurance Company will be back to issue more FREE Senior medical ID Cards, featuring a photo, digital fingerprints, allergies and key physician information. Please bring pertinent information that you would like on your ID Card. Cards will be made during this event and you will take it with you when you leave.



SNAP! DANCE TROUPE

Friday, June 20, 2014

Back by popular demand! The dancers from SNAP! Will be here to entertain us with their new dance pieces.



MARSHALL FIELD'S PRESENTATION

Wednesday, June 25, 2014

Marshall Field's was an iconic part of Chicago history. Join Tim Wilsey as he discusses this favorite store.



MAYFLOWER TOURS PRESENTATION

Friday, June 27, 2014

A representative from Mayflower Tours will be here to highlight some of their upcoming tours, including the Value Tour to Texas.



IN MEMORIAM

Friends who will be missed...

Al Cohen

Judi Edelstein

Dolly Hein

Richard Quedens

WELCOME NEW MEMBERS

Len and Anita Afremow

Marcia Burk

Lew and Barbara Golan

Darlene Hush

Linda and Stuart Sosin

Paul Shin

BOOK CLUB

You are invited to join the Senior Center book club, which meets *in the Library Room at the Pavilion Senior Center* the third Friday of every month at 1:00 p.m. Would you like to join? Contact Diana at 847-459-2670



CURRENT EVENTS DISCUSSION GROUP

Wanted:

Do you love to discuss what is happening in the world? Do you love to discuss what is happening in your neighborhood? Do you love to interact with others? If you answered YES, then you will enjoy our Current Events group. Join us at 10:00 a.m. on Tuesday mornings at the Wheeling Pavilion Senior Center to discuss the topics of the day. Share what you have heard on the news, read in the newspapers and online.



STITCH AND *ITCH

Attention experienced stitchers!

Come join us for an afternoon of stitching at the Wheeling Pavilion Senior Center. Bring your projects and join the fun.



Dates: Wednesday afternoons
Time: 1:00 P.M. - 3:00 p.m.
Place: Wheeling Pavilion Senior Center
Cost: FREE

WANTED!

A few good men and women for a weekly game of either Gin or Hearts. The group plays every Thursday from 9:00-11:00 a.m.



If you are interested, please contact the Wheeling Pavilion Senior Center at 847-459-2670.

COMPUTER LEARNING CENTER

Day	Class	Time	Dates
Monday	BUGS	10:00 a.m. to 3:30 p.m.	6/2-6/23
Tuesday	eBay Basics	10:00 a.m. to 12:00 p.m.	6/3 & 6/17
Tuesday	eBay Buying & Selling	10:00 a.m. to 12:00 p.m.	6/10 & 6/24
Wednesday	Computer Topics	10:00 a.m. to 12:00 p.m.	6/4 - 6/25
Thursday	Digital Camera	10:00 a.m. to 12:00 p.m.	6/5 & 6/12
Friday	Skype	10:00 a.m. to 12:00 p.m.	6/6 & 6/13
Tuesday or Thursday afternoon	Online Banking	TBD with instructor	TBD with Instructor

SENIOR HEALTH INSURANCE NEWS FRAUD CONTROL



One of the major problems in trying to keep Medicare charges down is the situation of fraud. In fact, there is a special group called “Medicare Fraud Patrol “ (MFP) which also relies on Medicare beneficiaries like us to keep our eyes and ears open for incorrect or fraudulent billings by medical personnel. Just last week Medicare released a report showing Medicare billers in our state. Some of that data shows some doctors in Illinois have been paid millions of dollars from the Medicare program. The report shows some \$3.4 billion paid to Illinois providers in 2012 under Part B of Medicare. Two of the highest paid doctors in the program are already under governmental review—one an ophthalmologist (Florida) and a cardiologist also located in Florida.

The release of this information presents a large opportunity to make the health system more transparent to consumers and accountable to taxpayers. Beneficiaries can now make more informed choices on the care they receive. High payouts do not necessarily mean improper billing or fraud. This is where we come in—if you receive a bill which you find to be overpriced or not written correctly, you should immediately question the provider for an explanation.

The estimates of fraudulent billing run anywhere from \$20 billion to more than \$100 billion! Let’s help our government control these figures—question any billing or invoice you receive if it seems out of place for the services rendered. Obviously, not all bills are improper or fraudulent, but every little bit helps. We are our own best advocate!

Pat Miller
SHIP Coordinator/Counselor
Wheeling Pavilion Senior Center
847-459-2670

Gleaned from a Chicago Tribune article, April 9, 2014, by Chad Terhune, Doug Smith, and Noam Nevey

THE WHEELING PAVILION SENIOR FOUNDATION



D’Agostino’s in Wheeling will help the Foundation in our fundraising activities in June with a Dine and Share program. Just dine at D’Agostino’s and a portion of the proceeds will be donated to the Foundation. Forms will be available at the front desk of the Senior Center. Date to be announced.

We received donations to the Foundation from Wheel-Inn Body and Motor Works and Gene’s Village Towing (both on Peterson Drive in Wheeling). Please support our sponsors.

Calling all chocolate enthusiasts

The Wheeling Pavilion Senior Foundation is holding a Fannie May Candy Bar fundraiser. Fannie May Chocolate Bars are an unforgettably rich indulgence! Choose from six delicious flavors: Almond, dark chocolate, mint cookie, milk chocolate, crisped rice and caramel. Funds collected by the foundation are distributed to the senior center in support of important activities and projects.

Candy Bars are \$1.00.

Available at the
Wheeling Senior Center



LIBRARY

The Indian Trails Public Library will have a representative here on Wednesday mornings from 9:30-10:00 a.m. If you would like specific materials from the library, call the library and ask them to send it on Wednesday morning. You can then pick up your materials the next time you come into the Senior Center. Don't know what to read? Stop in and talk to the library representative and ask for suggestions! Stop in and browse the books that library staff bring in each week. You just may find a new favorite author.



WHEELING PARK DISTRICT EVENTS

BALLROOM DANCING

Wednesday, June 18, 7-10:30 p.m.

Location: Chevy Chase Country Club, 1000 N. Milwaukee Avenue, Wheeling

Dance the night away to the Dick Elliott Orchestra on the 5,000-square-foot dance floor in the beautiful Grand Ballroom. Fox Trot dance lesson at 7 PM with Bob and Penny Urbon of Ballroom Chicago is included in the \$14 admission price. Cash bar and snacks are available. For more information, call (847) 465-2311.

MUSIC AND MOVIE IN THE PARK

Thursday, June 19, 6:30 p.m.

Location: Horizon Park, 385 Schoenbeck Road, Wheeling

Fee: FREE

Bring your blankets, lawn chairs, and picnic. Enjoy a performance by the Wheeling High School Jazz Band starting at 6:30 PM, followed by a showing of the movie *Frozen* at dusk. Rain date: Monday, June 23

SUMMER SOLSTICE YOGA CELEBRATION

Saturday, June 21, 8:30-10:30 p.m.

Location: CRC

Age: 14 yrs+

Fee/Res/Mem: \$15/\$10/\$8

The first day of summer is significant in yoga tradition and is marked by practicing 108 Sun Salutations. Experience this incredible tradition in a two-hour powerful, physically-challenging experience you will not forget. No prior yoga experience necessary. Please register at the CRC Guest Service Desk or call (847) 465-3333.

OUTDOOR AQUAFIT

Date: June 7-August 23

Day: Saturday

Time: 9-10 a.m.

Location: Family Aquatic Center

Before the Family Aquatic Center opens to the public, get your workout in with the low-impact benefits of water resistance. Class meets at the Arctic Splash indoor pool at 68 degrees and/or inclement weather. No registration required. Purchase a Class Pass at the CRC Guest Service Desk. For more information, call (847) 465-2943.

PICKLEBALL

Every Tuesday and Thursday morning (9 a.m.-12 p.m.), and Friday evening (6-9 p.m.)

Fee: \$2/Resident; \$3/Non-Resident

Location: CRC gymnasium, 333 W. Dundee Road, Wheeling

The game is played using solid paddles and a brightly-colored [whiffle ball](#) on a hard surface. Enjoy this drop-in program when it's convenient for you. Some equipment is provided or bring your own.

For more information, contact Brien Halterman at (847) 465-2941.

CHICAGO PREMIUM OUTLETS

Attention Bargain Hunters!
The Wheeling Pavilion Senior Center will be heading to the Chicago Premium Outlets in Aurora. Enjoy finding that special item at outlet prices! Lunch will be at your expense.



Date: Tuesday, June 10, 2014
Time: Meet at the Wheeling Pavilion Senior Center at 8:45 a.m. to check in. The bus will leave at 9:00 a.m. The expected return time is 4:30 p.m. depending on traffic.
Place: Aurora, IL
Cost: \$14 members/\$29 non-members by May 12, 2014
\$19 members/\$34 non-members May 13, 2014 or later if space is available.

Call the Senior Center at 847-459-2670 to reserve your space.



COFFEE WITH THE MANAGER

As an older adult, do you have specific questions about your neighborhood and/or local government? The Wheeling Senior Citizens Commission invites you to Coffee with Village Manager Jon Sfondilis. Bring your questions, comments, and suggestions to this great opportunity to learn about the community you live in. We hope to see you there!

Date: Friday, June 13, 2014
Time: 2:00 p.m.
Place: Wheeling Pavilion Senior Center
Cost: FREE

Call the Senior Center at 847-459-2670 to reserve your space.



OPERA IN FOCUS

By popular demand we will be making a return trip to Opera in Focus. Today's performance will consist of excerpts from Lakme, La Gioconda, Thais, and Fiddler on the Roof. These miniature actors and actresses are so amazing that by the end of the show you will forget that they are not real life people!

Date: Wednesday, June 18, 2014
Time: Meet at the Wheeling Pavilion Senior Center at 2:45 P.M. The bus will leave at 3:00 P.M.
Place: Rolling Meadows, IL
Cost: \$19 members/\$34 non-members by May 19, 2014
\$24 members/\$39 non-members May 20–May 23, 2014

Please note: We must have a minimum of 12 people registered by May 19, 2014 in order to run this trip.

No refunds or credits after May 19, 2014

Call the Senior Center at 847-459-2670 to reserve your space.



TUESDAY EVENING AT PAVILION

The Wheeling Pavilion Senior Center will be open for games and conversation with friends. Please bring your favorite games and your own snacks, if desired.

There is **NO CHARGE** for this event, but we ask that you call 847-459-2670 to register so we know how many people will be attending this event.

- Date:** Tuesday, June 17, 2014
- Time:** 6:00 – 8:00 p.m.
- Place:** Wheeling Pavilion Senior Center
- Cost:** FREE, but registration is required

Please note: We must have a minimum of 6 people registered in order to keep the center open!

Call the Senior Center at 847-459-2670 to reserve your space.



EMERITUS LUNCH AND BINGO

Join us for a delicious lunch prepared by Michael and his crew from Emeritus. Following lunch we will be led in a Bingo program presented by the staff from Emeritus.

- Date:** Tuesday, June 24, 2014
- Time:** 11:30 a.m.
- Place:** Wheeling Pavilion Senior Center
- Cost:** \$4 members/\$16 non-members while space is available

Please call the Senior Center at 847-459-2670 to make your lunch reservation.

No reservations before June 9, 2014



SEASONS AT GLENVIEW PLACE

Join the Wheeling Pavilion Senior Center as we explore the Seasons at Glenview Place. The Seasons at Glenview Place offers independent and assisted living with many amenities. Experience the Seasons by touring the facility and enjoying lunch in their dining room. You will have an opportunity to ask questions as well.

- Date:** Thursday, June 26, 2014
- Time:** Meet at the Wheeling Pavilion Senior Center at 10:30 A.M.
- Place:** Glenview, IL
- Cost:** \$3 members/\$18 non-members

Please note: We must have a minimum of 10 people registered by June 4, 2014 in order to run this trip.

No refunds or credits after June 19, 2014

Call the Senior Center at 847-459-2670 to reserve your space.



OPERA IN FOCUS

By popular demand we have added another Opera in Focus trip for July. Operas featured at this performance include Tosca, Louise, Pops at the Puppet Opera, The Wizard of Oz, West Side Story, and The Sound of Music.

- Date:** Wednesday, July 16, 2014
Time: Meet at the Wheeling Pavilion Senior Center at 2:45 P.M.
 The bus will leave at 3:00 P.M.
Place: Rolling Meadows, IL
Cost: \$19 members/\$34 non-members by June 25, 2014
 \$24 members/\$39 non-members June 25- July 1, 2014

**No refunds or credits after June 25, 2014
 as we must give a final count and payment to the venue at this time.
 Call the Senior Center at 847-459-2670 to reserve your space.**



LUTHERAN HOME TOUR AND LUNCH

Join the Wheeling Pavilion Senior Center as we explore the Lutheran Home. Learn about their services and amenities. Enjoy a delicious lunch in their dining room.

- Date:** Thursday, July 24, 2014
Time: Meet at the Wheeling Pavilion Senior Center at 10:30 A.M.
Place: Arlington Heights, IL
Cost: \$3 members / \$18 non-members

Please note: We must have a minimum of 10 people registered by July 10th in order to run this trip.

No refunds or credits after July 10, 2014

Call the Senior Center at 847-459-2670 to reserve your space.



BLUE CHIP CASINO

Are you feeling lucky?
 Join the Wheeling Pavilion Senior Center as we travel to Michigan City, IN to try our luck at the Blue Chip Casino. The cost of this trip includes round trip transportation, and the buffet.



- Date:** Tuesday, August 5, 2014
Time: Meet at the Wheeling Pavilion Senior Center at 8:15 A.M.
 The bus will leave at 8:30 A.M.
Place: Blue Chip Casino, Michigan City, IN
Cost: \$33 members/\$49 non-members by July 2, 2014
 \$38 members/\$54 non-members July 3-July 21 if space is available

Please note: We must have a minimum of 35 people registered by July 2, 2014 in order to run this trip.

No refunds or credits after July 2, 2014 as we must give a final count and payment to the venue at that time.

Call the Senior Center at 847-459-2670 to reserve your space.





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FIELD MUSEUM

Explore the World's Fair exhibit at the Field Museum. We will begin our day with a presentation on the World's Fair followed by an opportunity to enjoy the World's Fair exhibit at the Museum. The cost of this trip includes round trip transportation to and from the Museum, admission to the Museum and the World's Fair exhibit, and a \$15 voucher for lunch.



- Date:** Tuesday, August 26, 2014
- Time:** Meet at the Wheeling Pavilion Senior Center at 8:15 A.M.
The bus will leave at 8:30 A.M.
- Place:** Field Museum in Chicago, IL
- Cost:** \$75 members/\$90 non-members by July 24, 2014
\$80 members/\$95 non-members July 24–August 6, 2014
No Reservations after August 5

Please note: We must have a minimum of 12 people registered by July 24, 2014 in order to run this trip.

Please note: This trip is rated four shoes because there is a lot of walking at the museum, but there are places to sit and rest as well.

Call the Senior Center at 847-459-2670 to reserve your space.



SENIOR EXPO AT DRURY LANE

Travel with us to Drury Lane for the Senior Expo. Learn about different services and products for adults 55 and better. Please note: Lunch will be for sale (at your own expense). The cost of this trip includes round trip transportation and admission to the expo.

- Date:** Wednesday, August 27, 2014
- Time:** Meet at the Wheeling Pavilion Senior Center at 8:30 a.m.
The bus will leave at 8:45 a.m.
- Place:** Oakbrook, IL
- Cost:** \$12 members/\$27 non-members by August 13, 2014
\$17 members/\$32 non-members August 14, 2014 or later if space is available.

Please note: We must have a minimum of 10 people registered by August 13, 2014 in order to run this trip.

Please note: This is a four-shoes trip but there are places to sit and rest.



PLEASANT PRAIRIE OUTLET CENTER

Back by popular demand! Attention Bargain Hunters! The Wheeling Pavilion Senior Center will be traveling to the Pleasant Prairie Outlet Center. With many stores to choose from there is certain to be something for everyone. The cost of this trip includes transportation. Lunch is at your expense.

- Date:** Tuesday, September 9, 2013
- Time:** Meet at the Wheeling Pavilion Senior Center at 9:15 A.M. to sign in.
The bus will leave at 9:30 A.M.
- Cost:** \$15 members/\$30 non-members by August 26, 2014
\$20 members/\$35 non-members August 27 or later if space is available.

No Refunds after August 27, 2014

Call the Senior Center at 847-459-2670 to reserve your space.



JUNE 2014 CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 9:00 Exercise Video 10:00 BUGS/Computers 11:00 Wii Bowling 11:30 Lunch at Pavilion/ 12:00 Movie 1:00 Anastasia/Pinochle</p> <p>Beginner Computer Tutoring by appt.</p>	<p>3 10:00 Exercise 10:00 Computer Class 10:00 Current Events 12:30 Bridge</p> <p>CJE Russian Speaking Social Worker by appt.</p>	<p>4 9:00 Exercise 9:30 Indian Trails Library Drop Off 10:00 Computer Topics Class 10:30 Sing-a-Long 11:30 Lunch at Pavilion 12:00 Dignity Memorial Options Discussion 1:00 Stitch and *tch</p>	<p>5 9:00 Gin/Hearths Group 10:00 Exercise 10:00 Advisory Council Meeting 10:00 Computer Class 12:30 Bridge 1:00 Happy Hookers 1:00 Catholic Charities Benefits</p> <p>SHIP by appt. 9-1 Catholic Charities Benefits by appt. 1-3</p>	<p>6 9:15 Foot Care 10:00 Computer Class 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Heather Braoudakis "A Grand Night for Singing Rogers & Hammerstein"</p> <p>CJE Russian Speaking Social Worker by appt.</p>
<p>9 9:00 Exercise Video 10:00 BUGS/Computers 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Movie 1:00 Anastasia/Pinochle</p> <p>Beginner Computer Tutoring by appt.</p>	<p>10 9:15 Aurora Outlet Center Trip 10:00 Exercise 10:00 Computer Class 10:00 Current Events 12:30 Bridge</p> <p>CJE Russian Speaking Social Worker by appt.</p>	<p>11 9:00 Exercise 9:30 Indian Trails Library Drop Off 10:00 Computer Topics Class 10:30 Sing-a-Long 11:30 Lunch at Pavilion 12:00 Intro to The Lighthouse presentation 1:00 Stitch and *tch</p>	<p>12 9:00 Gin/Hearths Group 10:00 Exercise 10:00 Computer Class 12:30 Bridge 1:00 Happy Hookers</p> <p>SHIP by appt. 9-1</p>	<p>13 9:15 Foot Care 10:00 Computer Class 11:00 Wii Bowling 11:30 Lunch at Pavilion/Father's Day Celebration 12:00 Steve Justman 2:00 Coffee with the Village Manager</p> <p>CJE Russian Speaking Social Worker by appt.</p>
<p>16 9:00 Exercise Video 10:00 BUGS/Computers 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Movie 1:00 Anastasia/Pinochle</p> <p>Beginner Computer Tutoring by appt.</p>	<p>17 10:00 Exercise 10:00 Computer Class 10:00 Current Events 12:30 Bridge 6:00 Tuesday Evening at Pavilion</p> <p>CJE Russian Speaking Social Worker by appt.</p>	<p>18 9:00 Exercise 9:30 Indian Trails Library Drop Off 10:00 Computer Topics Class 10:30 Sing-a-Long 11:30 Lunch at Pavilion 12:00 New York Life Medical ID Cards 1:00 Stitch and *tch 1:45 Opera in Focus trip 2:00 New Member Meet & Greet</p>	<p>19 9:00 Gin/Hearths Group 10:00 Exercise 10:00 Computer Class 12:30 Bridge 1:00 Happy Hookers</p> <p>SHIP by appt. 9-1</p>	<p>20 10:30 Your Clock is Ticking 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 SNAP Dance Troupe 1:00 Book Club</p> <p>CJE Russian Speaking Social Worker by appt.</p>
<p>23 9:00 Exercise Video 10:00 BUGS/Computers 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Movie 1:00 Anastasia/Pinochle</p> <p>Beginner Computer Tutoring by appt.</p>	<p>24 10:00 Exercise 10:00 Computer Class 10:00 Current Events 11:30 Emeritus Lunch and Bingo 12:30 Bridge</p> <p>CJE Russian Speaking Social Worker by appt.</p>	<p>25 9:00 Exercise 9:30 Indian Trails Library Drop Off 10:00 Computer Topics Class 11:30 Lunch at Pavilion 12:00 Tim Wilsey presents "Marshall Field's" 1:00 Stitch and *tch</p>	<p>26 9:00 Gin/Hearths Group 10:00 Exercise 10:00 Computer Class 10:30 Seasons at Glenview Place trip 12:30 Bridge 1:00 Happy Hookers 6:00 Caregiver Support Group</p> <p>SHIP by appt. 9-1</p>	<p>27 10:00 Brain Games 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Mayflowers Tours Travel Presentation</p> <p>CJE Russian Speaking Social Worker by appt.</p>
<p>30 9:00 Exercise Video 10:00 BUGS/Computers 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Movie 1:00 Anastasia/Pinochle</p> <p>Beginner Computer Tutoring by appt.</p>				

TRIP AND PROGRAM CANCELLATION POLICY

Generally, if you cancel your reservation 7 business days or more before the event, we will work with you to fill your space with someone from the waiting list. If we can fill it, you will either be issued a credit voucher or you can work out an exchange with the person filling your space.

Please note: **Due to dates we must make final payments, the refund deadline for trips will vary.**

Check specific information for each trip.

If cancellations are made less than 7 business days before the event or after final payment date posted, a credit will not be given.

AN IMPORTANT NOTE ABOUT TRAVELING WITH OUR GROUP

When traveling with the Wheeling Pavilion Senior Center, it is expected that the participant will arrive with the group, stay with the group, and travel back to the Senior Center with the group. In addition, it is expected that the participant will go directly from the bus into the venue as directed by the Activity Coordinator.

No Exceptions!

Program credits will be given in full for programs or trips cancelled by the Senior Center.

HELPFUL HINTS TO MAKE SURE A FUN TIME IS HAD BY ALL !

- Please be sure to REGISTER EARLY TO AVOID DISAPPOINTMENT.
- We need to make monetary commitments to our venues at least 6 weeks in advance. If we don't have enough advance reservations, we may be forced to cancel a trip.
- If there is a menu option, please specify your choice when you register for the trip or program. Please Note: menu options cannot be changed. Be sure to read the menu carefully if you have any allergies or dietary needs.
- Please carefully read the refund policy, the waiver, and caregiver policy before signing up for a trip. If you cannot "keep up" with the trip requirements, someone needs to accompany you as the trip coordinator cannot split up her time to care for individual needs.
- Please arrive on time for a trip as indicated as the bus cannot wait more than 5 minutes past the indicated time. If there are any questions regarding when to arrive for a trip, please ask someone at the reception desk or call Alysia at 847-459-2670 between the hours of 8:00 a.m. and 4:00 p.m.

TRIP ETIQUETTE

Please respect your trip coordinator, bus driver, dining staff, theatre/venue staff, and all those who work very hard to make your experience a pleasant one. If there is free time, please arrive back at the bus or designated area at the time and place assigned by the trip coordinator. Please be respectful of your peers on the trip. If you go on a trip and it is deemed that a caregiver is needed for future trips, you will be asked to provide one before registering for more Senior Center trips. Unacceptable behavior will not be tolerated and will be reported to the Senior Center director who will assess whether or not the individual may attend future Senior Center trips.

CAREGIVER POLICY

It is the intent of the Senior Center to provide travel opportunities that are educational and stimulating for a wide variety of interests. Due to the time and intensive nature of supervising such an event, our staff cannot be responsible for providing personalized caregiver attention to individuals, i.e. assisting with ambulation, toileting, dining, cognitive impairment assistance, etc. Therefore, the Senior Center reserves the right to deny a travel registration if it is determined that caregiving of this nature is required for a traveler. If the traveler has a caregiver accompanying them, the caregiver MUST complete his/her own registration form and payment.



VILLAGE OF WHEELING
PAVILION SENIOR CENTER
199 N. First Street
Wheeling, IL 60090-0567

The Wheeling Pavilion Senior Center is committed to accessibility for individuals with disabilities. The Pavilion's policy is to reasonably accommodate people with disabilities in accordance with the Americans with Disabilities Act (ADA). If you should require special accommodations at one of our functions call the Pavilion at (847) 459-2670 in advance.

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