



Wheeling Pavilion Senior Center *Wheeling Forward*

MAY 2015



In celebration of Older Americans Month,
please join us for the



Senior Services Division Open House and Vendor Fair
Thursday May 15, 2014 from 3:00 pm—6:00 pm
Wheeling Pavilion Senior Center
199 N . First Street , Wheeling, IL

Please come and share your suggestions and needs with representatives of the Village Senior Commission and Senior Center Advisory Council.

Information will be available on the activities and services available for Older Adults of Wheeling.



Sponsored by the Village of Wheeling Senior Citizen Commission, the Wheeling Pavilion Senior Center Advisory Council and the Senior Services Division of the Village of Wheeling Human Services Department.

For more information, please call 847-459-2670



GUESS WHO'S NOW ON FACEBOOK?

Check out our new Facebook page for latest news and updates, event pictures and information you can use.

Find us at <https://www.facebook.com/wheelingseniorcenter>



PAVILION THANKS...

- Jeanne Annis, Marilyn Hams, George Hieber, Dolores Kelly, Joannie Purvin, Corky Weber, and Pinky Wennerstrom for assembling the Wheeling Forward newsletter.
- Geri Brockett, Renee Dicker, Barbara Grossman, Marilyn Hams, Mary Ann Marabella, Pat Rizo, Alicia Ross-Rudolf, Carol Targun, Roberta Vollriede and Corky Weber for volunteering at the front desk.
- Flo Feiner, volunteer Sing-a-Long musical director.
- Pat Miller, our SHIP (Senior Health Insurance Program) representative.
- Gloria Lederman, volunteer exercise instructor on Tuesday and Thursday for Wheeling Park District Stay Fit classes.
- Lunch at Pavilion volunteers Lee Becker, Martha Crost, Kevin Frei, Czeslawa Gorka, Pat Gouletas, Marilyn Hams, Barb LaHay, Anita Loewenstein, Joannie Purvin, Rich Richman, Vilma Sanchez, Bobi Spiegel, and Carol Targun.



ADVISORY COUNCIL

Bill Churchill
 Kathy Gulyas
 Marilyn Hams
 Marshall Kaplan
 Gerald Malin
 Pat Miller
 Jackie Portnoy
 Joannie Purvin
 Roberta Vollriede

TRANSPORTATION RESOURCES

VILLAGE OF WHEELING SUBSIDIZED CAB PROGRAM
 Discount (\$2 per voucher) by Village of Wheeling for Wheeling residents. To register, call the Senior Center at 847-459-2670. After receipt of enrollment card and vouchers you can make your own arrangements by calling American Cab Co. 847-253-4411 or 303 Cab Co. 847-537-0303.

WHEELING TOWNSHIP DIAL-A-RIDE/SENIOR DISABLED TRANSPORTATION

This service is a scheduled bus service using small buses. Passengers are picked up at their homes and taken to their destinations. Fare is \$2 each way. Preregistration and reservations are required and must be made 2 business days in advance. Call 847-259-7743 for information.

PACE PARATRANSIT BUS FOR PERSONS WITH DISABILITIES

Call PACE at 312-663-4357 to arrange for registration and an interview. Once certification process is completed, pre-arranged curb-to-curb service can be provided. The one-way fare for ADA Paratransit Services is \$3.00 for Cook County. If you need a companion with you, the companion rides free. **For handicapped riders only.**

RTA FREE OR REDUCED RIDE PROGRAM

Applications available at Pavilion Senior Center for a special users travel card that allows senior residents to travel on any RTA funded form of transportation free or at a reduced rate. Call 847-459-2670 for information.

PACE BUS SERVICE

PACE scheduled bus service with major destination stops at downtown Des Plaines, Mt. Prospect Metra Station, Randhurst Mall, Woodland Creek Apartments, Wheeling High School, Wheeling municipal complex, and Buffalo Grove terminal. Exact fare required. For information call the RTA Travel information center at 847-836-7000.

ESCORTED TRANSPORTATION SERVICE NORTHWEST

Program matches volunteer drivers with seniors 60 years of age and older who need a ride to and from their homes to doctor or dentist appointments. Call 847-222-9227. Donation of \$12 per round trip is suggested.



- 2 Marge Weaver
- 3 Harley Halleck, Sharon Murray
- 5 Amelia Hopkins, Jerry Bikneris
- 8 Tom Rhodes
- 9 Christine Pettit
- 11 Alice Kiefer
- 12 Pinky Wennerstrom, Mary Bergendorf
- 15 Marie Clarkson
- 16 Elaine Carlson, Charlie Katz, Gregory Stoyas
- 19 Laura Zeitlin
- 20 Hildegarde Frey
- 24 George Hieber
- 25 Penny Boyer
- 26 Violet Lewis
- 27 Magdalina Velasquez
- 28 Christa Schulz
- 30 Wanda Remelski, Leonard Burk
- 31 Cindy Maes, Carol Goerne



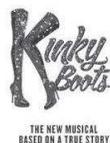
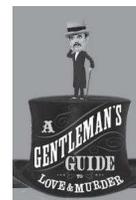
We missed a birthday!

Our sincere apologies to Anita Loewenstein, whose birthday was April 1st.

Guess we were the April fools!

ARE YOU INTERESTED IN:

- ◆ Medieval Times
- ◆ Broadway in Chicago shows (about \$125-\$150)
 - ⇒ Kinky Boots
 - ⇒ Pippin
 - ⇒ A Gentleman's Guide to Love and Murder
 - ⇒ The Lion King
- ◆ Trip to Ed Debevic's
- ◆ Trip to Ann Sathers
- ◆ Lunch or Dinner out as a group
- ◆ Trip too Chinatown



If you are interested in any of the above possible outings, please let Alysia know!

4 WEEKLY PROGRAMS AND INFORMATION

SCHEDULE AT A GLANCE

MONDAY

- 9:00-10:00 Stay Fit w/video
- 10:30-11:30 Wii Bowling & Games
- 11:30-12:30 Lunch at Pavilion
- 1:00-3:30 BUGS (computer user group)
- 1:00-3:30 Canasta and Pinochle

TUESDAY

- 9:30-3:30 CJE Russian Speaking Social Worker by appt.
- 10:00-12:00 Current Events
- 10:00-11:00 Stay Fit Fitness
- 12:30-3:30 Intermediate Bridge

WEDNESDAY

- 9:00-10:30 Stay Fit Fitness
- 9:30-10:00 Indian Trails Library Drop Off and Pickup
- 10:30-11:30 Sing-a-Long
(1st, 2nd, & 3rd WED only)
- 11:30-12:00 Blood Pressure (4th WED of the month)
- 11:30-12:30 Lunch at Pavilion
- 1:00-3:00 Stitch and *itch
- 1:00-3:30 Mahjongg Group

THURSDAY

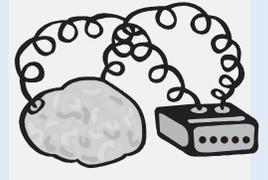
- 10:00-11:00 Stay Fit Fitness
- 9:00-11:00 Gin/Hearts group
- 10:00-3:00 SHIP by appt.
- 12:30-3:30 Intermediate Bridge
- 1:00-3:30 Happy Hookers

FRIDAY

- 9:00-3:30 CJE Russian Speaking Social Worker by appt.
- 10:00-11:00 Brain Games (4th FRI of the month)
- 10:30-11:30 Wii Bowling & Games
- 11:30-12:30 Lunch at Pavilion
- 12:30-3:30 Mahjongg Instruction
- 1:00-2:00 Book Club (3rd Friday of the month)
- 1:00-3:30 Canasta

BRAIN GAMES

Playing games that encourage you to think is one of many ways to keep your memory sharp. Brain Games will help you improve your focus, concentration, and memory through a series of exercises and games. Join us for a thought provoking program of games to keep your brain sharp.



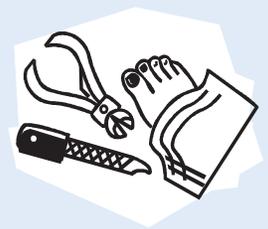
- Date:** Friday, May 22, 2015
Time: 10:00 a.m.
Place: Wheeling Pavilion Senior Center
Cost: *FREE* but reservations are requested in order to have enough materials for all in attendance

Call the Senior Center at 847-459-2670 to reserve your space for this exciting program.

FOOT DOCTOR

Dr. Nikola Ivancevic, DPM comes to Pavilion Senior Center to provide foot care to Pavilion members. Medicare and most PPO insurance are accepted and will be billed by the doctor's office directly. Diabetic footwear also available.

Call Laura at 630-782-6557 to schedule your Friday appointment.



BLOOD PRESSURE SCREENING

**Last Wednesday of every month
11:15 a.m.**

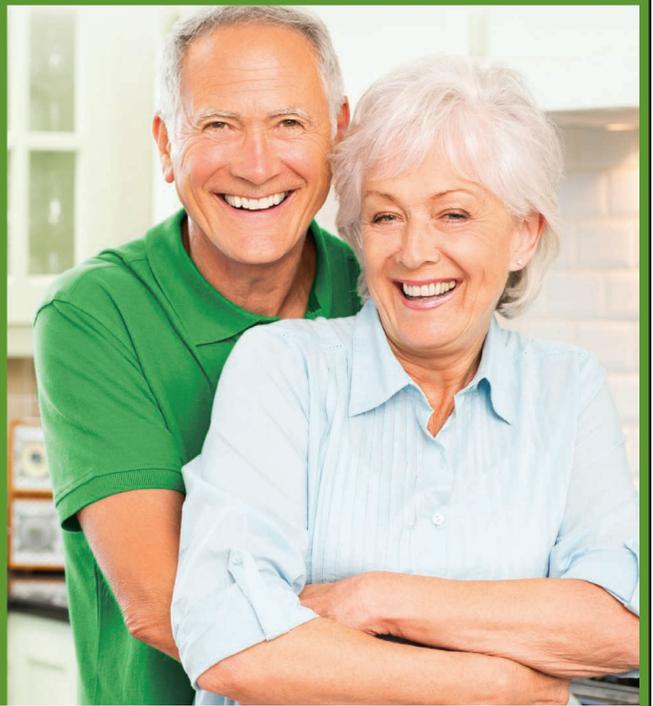
Services provided by the Wheeling Township nurse, Karen McNeir, R.N.



Northwest Community Healthcare SENIOR SERVICES

Northwest Community Healthcare is dedicated to providing comprehensive healthcare to our older adult patients, as well as maintaining the overall health and wellness of our senior community.

- Health seminars and support groups for patients and caregivers (Stroke, Parkinson's and Cancer)
- Palliative Care and home health services
- Senior physical fitness screenings, Walkers' Club, balance testing and more
- Smoking cessation program
- Partnerships with skilled facilities to ensure high-quality outcomes after hospitalization
- Animal-assisted therapy during hospitalization



Join our **FREE Emerald Circle Senior Services club** at nch.org/emeraldcircle



HELP PROTECT YOUR FAMILY

With a home security system monitored by ADT professionals 24 hours a day, 7 days a week. As an added benefit, installing a Security System may qualify you for a Homeowners Insurance discount.

CALL NOW!
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Meet Your Local Home
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For many people a Home Equity Conversion Mortgage is a solid financial solution. Call me today to discuss the possibilities.



TERRY BIVINS

Senior Vice President, HECM National Division
cell : (312) 286-0606
tbivins@thefederalsavingsbank.com
NMLS# 217764



OFFERING:

- Independent & Assisted Living
- Memory Care
- Respite/Short-Term Stays
- Skilled Nursing Care

CHURCH CREEK

FIVE STAR SENIOR LIVING™

1250 West Central Road
Arlington Heights, IL 60005

847-506-3200

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**“Good morning”,
“how are you this fine day”?
asks the volunteer from the
Wheeling Pavilion Senior Center.**

WHAT: Telephone Reassurance Program

WHEN: Monday thru Friday before
9:00 a.m. each morning

WHY: Because we CARE
about your well being

**For more information, please call
the Wheeling Pavilion Senior Center
at 847-459-2671
and ask for Jan Christiansen**

YOUR CLOCK IS TICKING



*“Life is like a box of chocolates.
You never know what you’re going to
get.”*

—Tom Hanks, Forest Gump

*But for those who make critical decisions, life can be
different.*

Enjoy your life NOW. Your life should be about aspirations and inspirations, not about waiting until the grass turns greener in your life. Learn to experience the greatest things life has to offer, the incredible achievements you want to make. This group will meet the **THIRD FRIDAY** of each month.

Date: Friday, May 15, 2015
Place: Wheeling Pavilion Senior Center
Time: 10:30 a.m. – 11:30 a.m.
Group
Facilitator: Jan Christiansen,
MSW, Social Services
847-459-2671

SPECIAL NEEDS RESIDENT LIST

The Village of Wheeling Special Needs Resident Notification (IL Premise Alert Program Public Act 96-0788) is available to all Wheeling residents. The IL Premise Alert allows people with special needs to provide information to police, fire, and EMS personnel to be kept in a database. This information will be provided to responders dealing with situations involving the special needs individuals.

To let emergency personnel know about your or your family members’ special needs, pick up a form at the Police Department or Pavilion Senior Center. Forms may be completed onsite, or you may send them to the Wheeling Police Department Communications Supervisor at 1 Community Boulevard, Wheeling, IL 60090. Your information will not be shared with anyone outside of the emergency personnel of the Village of Wheeling and any other agency needed to provide emergency response. The information provided on the list will not result in preferential treatment, or change the response of trained emergency personnel. Inclusion on the list will result in emergency responders being better prepared to assist individual residents with special needs.

Please contact either the Human Services Department at 847-459-2606 or the Wheeling Police Department Communications Supervisor at 847-459-2632 for further information

STATE OF IL BENEFITS FOR SENIORS

The benefits now available are:

- Seniors Free Transit Ride
- The Persons with Disabilities Free Transit Ride
- Secretary of State License Plate Discount



To be determined eligible for these benefits, you must submit a **Benefit Access Application** on the Internet. Paper applications are not available.

**Call the Wheeling Pavilion Senior Center
at 847-459-2670 for an appointment.**



MEMORY SCREENINGS AT THE PAVILION

WHO SHOULD BE SCREENED?

Memory screenings make sense for anyone concerned about memory loss or experiencing warning signs of dementia; whose family and friends have noticed changes in them; or who believe they are at risk due to a family history of Alzheimer's disease or a related illness. Screenings also are appropriate for anyone who does not have a concern right now, but who wants to establish a base line score for comparison in the future.

**Wheeling Pavilion Senior Center, 199 N. 1st Street, Wheeling by appointment only (30 minutes)
847-459-2671—ask for Jan Christiansen, MSW**

50/90 PARTY



Are you 90 years of age or better?

Are you married 50 years or more?

Do you know of any Wheeling residents that fall into these categories?

If you answered "YES" to any of these questions, please contact the Wheeling Pavilion Senior Center at 847-459-2670 to add your name to our invitation list for our annual 50/90 Party in May 2014.

Sponsored by the Village of Wheeling Senior Citizens Commission.

Wanted: Houses Seeking Curb Appeal



The 28th Annual Community Paint-A-Thon will be held on Saturday, September 12, 2015. While the date is a long way off, applications are now available and homeowners are encouraged to apply! If the exterior of your home and/or garage needs a fresh coat of paint due to peeling, fading, or worn paint, please consider applying. The program provides for the painting of the exterior of single family homes at no cost to those who qualify.

To qualify, homes must be owned and occupied by people with limited financial resources. The owner must be at least 60 years of age or have a permanent disability or be a veteran of any age. Once a home is determined eligible, volunteer teams are matched to do the scraping, priming, and painting of the house. The Community Paint-A-Thon covers 10 townships including Barrington, Elk Grove, Hanover, Maine, New Trier, Niles, Northfield, Palatine, Schaumburg and Wheeling Townships. Current homeowners insurance is also required.

If you or someone you know could benefit please contact Catholic Charities at 847-253-5500 for an application or for additional information.

The Paint-A-Thon is a major community-wide event. Teams of volunteers are recruited from businesses, churches, social and civic groups. If you are interested in volunteering, please contact Annette Sommer at HandsOn Suburban Chicago at 847-228-1320.

VENDOR FAIR



Come to the Wheeling Pavilion Senior Center to talk with a variety of vendors about the services they offer.

Date: Thursday, May 14, 2015
Time: 3:00 p.m. – 6:00 p.m.
Place: Wheeling Pavilion Senior Center
Cost: FREE



Join us for a great meal and great friends at LUNCH AT PAVILION. Excellent NEW menu selections, restaurant atmosphere, table service — you can't beat it! The Senior Center hosts meal service for anyone 60 years and better.

A nutritionally-balanced lunch is served Monday thru Friday from 11:30 a.m. until 12:30 p.m. Reservations are required and must be made by Wednesday for the following week. Each diner will receive written information regarding the cost of the meal and will have the opportunity to contribute to part or all of the cost. Social activities and informational programs are included as part of this program.

Lunch at Pavilion is funded partially with funds granted by Age Options, the suburban area agency on aging, with funds from the Federal Administration on Aging and the IL Department of Aging. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES.

Each time you check in for lunch, we ask that you present your card to have the meal card marked for that day's meal. The Lunch at Pavilion program is committed to providing meals to all older adults 60 and better, regardless of ability to pay. If you are financially unable to purchase a punch card, please see Shari or Alysia, and they will gladly assist you. Meals are catered by Catholic Charities. Lunch is often followed by a presentation, a speaker, or musical entertainment.

For more information regarding how to register or volunteer, please contact the Wheeling Pavilion Senior Center at 847-459-2670 and ask for Jesus Delgado.



PLEASE LET US KNOW IF YOU WOULD PREFER TO PICK UP YOUR NEWSLETTER

_____ I prefer to pick up my newsletter at the Wheeling Pavilion Senior Center
(or indicate below name of person who will pick up newsletter for you)

Signature of Member

Name of person who will pick up newsletter for me

Please clip this coupon and bring it in or mail it to the Wheeling Pavilion Senior Center no later than May 8, 2015. All future newsletters will be held for pickup at the front desk.

LUNCH AT PAVILION EVENTS

9

Lunch at Pavilion is funded partially with funds granted by Age Options, the suburban area agency on aging, with funds from the Federal Administration on Aging and the IL Department of Aging. The suggested donation for the lunch is \$4.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$15 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk at the Wheeling Pavilion Senior Center. THE CARDS HAVE NO EXPIRATION DATES.

THE PROGRAMS LISTED BELOW WILL BEGIN AT APPROXIMATELY NOON.

JENNIFER SILK VIOLIN MUSIC

Friday, May 1

Jennifer Silk will be here to entertain us with her beautiful violin music. This program comes to us as part of a grant from the Chicago Federation of Musicians.



CINCO DE MAYO CELEBRATION

Monday, May 4

Celebrate Cinco De Mayo with the music of Dave Byron. This program is sponsored by the Abington.



SENIOR JEOPARDY

Wednesday, May 6

Julie Gange will be here from Home Instead to lead us in a game of Senior Jeopardy.



MOTHERS DAY CELEBRATION

Friday, May 8

Celebrate the Mothers in your life with the music of Peter Miletic. This program is being sponsored by the Indian Trails Public Library.



NANCY KATZ, PROFESSIONAL ORGANIZER

Wednesday, May 13

Nancy Katz, professional organizer will be here to give us tips and tricks for cleaning and organizing our closets.



HARP MUSIC BY LAURA FAKO-UTLEY

Friday, May 15

Laura Fako-Utley will be treating us to beautiful Harp music. She comes to us via a grant from the Chicago Federation of Musicians.



TIM WILSEY PRESENTS "ROCK AND ROLL LEGENDS"

Monday, May 18

Tim Wilsey will be here to discuss favorite Rock and Roll legends.



JIM KENDROS PRESENTS "THE MUSIC OF BARBRA STREISAND"

Wednesday, May 20

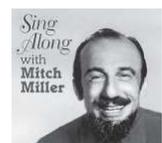
Jim Kendros will be here to present the music of Barbra Streisand.



HEATHER BRAOUDAKIS PRESENTS "SING ALONG WITH MITCH MILLER"

Wednesday, May 27

Heather Braoudakis will be here today to present her program "Sing-Along with Mitch Miller".

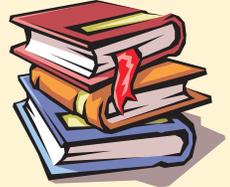




WELCOME NEW MEMBERS

Jackie Goodman
 Judy Immercluck Margaret Chlebinski

BOOK CLUB



You are invited to join the Senior Center book club, which meets *in the library room at the Wheeling Pavilion Senior Center* the third Friday of every month at 1:00 p.m. Would you like to join?

Contact Diana at 847-459-2670

**10:00 too early for you?
 We're sorry!
 Tuesday a bad day for you?**



STOP!

Just get here. Drag your poor body to the Wheeling Pavilion Senior Center. We'll provide the coffee.

**CURRENT EVENTS
 WE'LL BE LOOKING FOR YOU!**

ATTENTION POKER PLAYERS!

Are you interested in a weekly poker game? If so, please contact the Senior Center at 847-459-2670. If there is enough interest a group will be scheduled.



STITCH AND *ITCH

Attention experienced stitchers! Come join us for an afternoon of stitching at the Wheeling Pavilion Senior Center. Bring your projects and join the fun.



Dates: Wednesday afternoons
Time: 1:00 p.m. - 3:00 p.m.
Place: Wheeling Pavilion Senior Center
Cost: FREE

WANTED!

A few good men and women for a weekly game of either Gin or Hearts. The group plays every Thursday from 9:00-11:00 a.m.

If you are interested, please contact the Wheeling Pavilion Senior Center at 847-459-2670.



Computer Learning Center	Date and Time
BUGS	Every Monday from 10:00 a.m. to 3:00 p.m. Open to all Senior Center members
Computer Topics	Wednesdays, 10:00 a.m. to noon. Call the front desk at 847-459-2670 for class schedule
Other available classes	
eBay Basics, eBay Buying & Selling, Digital Camera, Skype, Online Banking	To be scheduled with instructor

NEW for 2015! Did you recently receive a Tablet? Get off to the right start by learning how to use it!

Tablets have many features of laptop computers with an easier learning curve. They are extremely portable in your pocket or purse and simple to use for email, texting, Internet searching, and learning or taking great pictures and movies. Enjoy the new technology without fear. Coaching is available for 3 sessions of 2 hours each at \$10 per session, and can begin the first WED, THU, or FRI of each month at 1:00 p.m. Schedule will be arranged with you by the instructor. Sign up at the front desk and surprise your grandchildren with your newfound technical knowledge. You will also be surprised at how easy it is to enjoy this new device. Applies to iPad and Android devices.





SENIOR HEALTH INSURANCE NEWS

This is a slow time for SHIP counselors, but I am still available to answer your questions. Just call 847-459-2670 and make an appointment.

Just a few reminders:

- Make sure you keep all your tax and medical receipts; it is important. Buy a folder and put everything in it.
- If your New Year's Resolution was to lose weight or exercise more, it is still not too late. Your body's condition can affect your health insurance.
- Make sure all your insurance and legal papers are up to date. Life does not give us a warning when something drastic could happen. Make sure all account information and contacts are accurate and current; if not, make the necessary changes.
- I know some drugs you may be taking may have increased in price; don't stop taking them or cut back. If there is a financial problem, ask your doctor if there is an alternative.
- Don't avoid going to your doctor if you are not feeling well; the longer you wait the more serious it could become.
- Think about investing in a home alert system if you live alone and there is an emergency. I myself have one and have used it 4 times and I am glad I had it.
- Keep yourself socially active. Pavilion Senior Center has many programs you could join and meet new friends as well as previous friendships.

I am not lecturing—your health is important to you, your family and me! Seniors nowadays are living longer, partially due to the medical profession and seniors helping themselves. The small steps you take today may help your life tomorrow.

Pat Miller, SHIP Coordinator/counselor
Pavilion Senior Center
847-459-2670



THE WHEELING PAVILION SENIOR FOUNDATION

May is National Hamburger Month. Come and celebrate. Mark your calendars for a fun filled evening at Hamburger Fest hosted by the WPSF. You will enjoy a delicious hamburger (grilled by our own secret chef), chips, pop, dessert, and BINGO for only \$5.00. We look forward to seeing you on Tuesday, May 19, 2015 from 6:00–8:00 p.m. at the Wheeling Pavilion Senior Center. Please register by Monday, May 11 and let Diana or Sharon know if you would like diet or regular pop. See you there!

Looking for treats for the grandchildren or yourself? We have Fannie Mae candy bars at the great price of \$1.00 per bar. They are delicious and come in a variety of flavors. It benefits the WPSF and all of us seniors. They are always available at the front desk at the Wheeling Pavilion Senior Center.

If you are not yet a member of the Wheeling Pavilion Senior Foundation, please consider joining. The Foundation was established to help and support our Senior Center. Annual membership dues are \$20.00.

MaryAnn Marabella
Secretary WPSF



INDIAN TRAILS PUBLIC LIBRARY

The Indian Trails Public Library will have a representative here on Wednesday mornings from 9:30-10:00 a.m. If you would like specific materials from the library, call the library and ask them to send it on Wednesday morning. You can then pick up your materials the next time you come into the Senior Center. Don't know what to read? Stop in and speak with the library representative and ask for suggestions! Stop in and browse the books that library staff bring in each week. You just may find a new favorite author.



SHIRLEY TEMPLE BY SUSAN BENJAMIN PARTS I & II **Thursday, May 14, 2-3 Part I** **Thursday, June 4, 2-3 Part II**

Shirley Temple, the adorable, precocious child, helped lift people's spirits in the darkest days of the Great Depression--and beyond. From the time she was three years old when she obeyed her mother's admonition, "Now Sparkle Shirley," into adulthood and middle age, Shirley performed and contributed to her culture and society Co-sponsored with Buffalo Grove Park District and Wheeling Senior Pavilion. Register at www.indiantrailslibrary.org or 847-279-2232

WHEELING PARK DISTRICT EVENTS**FAMILY AQUATIC CENTER**

Location: 327 W. Dundee Road, Wheeling

Weekend Hours: 10:00 a.m. -7:00 p.m.

Post Season: 8/29-8/30; 9/5-9/7, 10:00 a.m. - 7:00 p.m.

Make the most of summer at our award-winning facility featuring zero-depth entry main pool, lap lanes, grassy tanning area, picnic area, Willie's Coconut Café, spacious locker rooms, and more. Memberships on sale now! Seniors, 62 years and older: \$79/Resident; \$99/Non-Resident

Giveaway Days

The first 50 guests to enter the Family Aquatic Center receive a special gift.

May 30: Drawstring Bag June 27: Beach Ball July 25: Sunglasses

Stop by the Community Recreation Center (CRC) Guest Service Desk and buy your membership today!

For more information, call (847) 465-3333.

PICKLEBALL

Every Tuesday and Thursday mornings 8-9 a.m. (competitive), 9 a.m.-12 p.m., and Friday evening 6-9 p.m.

Fee: \$2/Resident; \$3/Non-Resident

Location: Community Recreation Center (CRC) gymnasium, 333 W. Dundee Road, Wheeling

Watch for the opening of our **NEW PICKLEBALL COURT** at Chamber Park!

Pickleball moves to the new outdoor courts in the spring. Please check our website for dates and details.

Have you heard of Pickleball? It is the racquet sport that seniors made popular! Some say it's like a combination of tennis and ping-pong. Others have called it badminton with a whiffle ball. It's Pickleball, and it's the newest medal sport in the National Senior Games. No matter how you describe it, Pickleball is a great game, fantastic exercise, and not nearly as taxing on your body as a lot of other racquet sports. The game is played using solid paddles and a brightly-colored [whiffle ball](#) on a hard surface. Where can you play Pickleball? At the Wheeling Park District, of course. No need to register. This is a drop-in program so come when it's convenient for you. Some equipment is provided but you can bring your own, too. Try it any Tuesday or Thursday morning or Friday evening! Or, just come and watch the fun! **For more information, contact Brien Halterman at (847) 465-2941.**

HERITAGE PARK GRAND OPENING & COMMUNITY CELEBRATION

Sunday, June 7

Location: Heritage Park

From morning 'til night, you're invited to experience all that the newly-renovated Heritage Park has to offer. Check out all the day-long free activities! For a complete schedule of events, please visit www.wheelingparkdistrict.com



Registration Policy

Registration can be taken in person at the front desk or over the phone, Payment is required at the time of registration. Payment methods accepted: Cash, Check, or Charge (Visa, MasterCard or Discover—NO American Express). If you are having someone else register for you, you must call the Senior Center and let us know in advance who will register for you.

OPERA IN FOCUS

Travel with us to Opera in Focus as we are treated to a Kungsholm flashback. Opera in Focus will be presenting Giacomo Puccini's masterpiece, *Madama Butterfly*, in a lightly abridged format. This year marks the 74th anniversary of the opening of the beloved Kungsholm Theatre. In celebration of the anniversary you will have the opportunity to view some of the mementos from the Kungsholm Theatre.



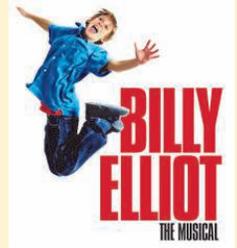
Date: Wednes, May 6, 2015
Time: Meet at the Wheeling Pavilion Senior Center at 2:45 p.m.
 The bus will leave at 3:00 p.m.
Place: Rolling Meadows, IL
Cost: \$19 members/\$34 non-members by April 15, 2015
 \$24 members/\$39 non-members April 16, 2015 or later if space is available

No refunds or credits after April 15, 2015
Call the Senior Center at 847-459-2670
to reserve your space.



BILLY ELLIOT

Set during the 1984-85 U.K. miners' strike in a small working class town in the English countryside, young Billy discovers a passion for ballet and trades in his boxing gloves for dancing shoes. As he struggles against the odds to make his dream of becoming a dancer come true, Billy inspires his family and whole community, changing their lives forever. This joyous celebration of one boy's journey defying convention to follow his heart is a must-see theatrical experience. The cost of this trip includes round trip transportation, lunch, and a ticket to the show.



Date: Thursday, May 7, 2015
Time: Meet at the Wheeling Pavilion Senior Center at 10:30 a.m.
 The bus will leave at 10:45 a.m.
Place: Drury Lane Theatre
 Oakbrook Terrace, IL
Cost: \$73 members/\$88 Non-members by April 1, 2015; \$78 members/\$93 non-members April 2- April 13, 2015

No refunds, credits, or registrations after April 13, 2015.
We must have a minimum of 12 people registered by April 13, 2015 in order to run this trip.
Call the Senior Center at 847-459-2670
to reserve your space.



COFFEE HOUSE

Come to the Wheeling Pavilion Senior Center Coffee House. Join Steve Justman as he entertains us with favorite songs. Feel free to sing a long! Coffee and refreshments will be served.



Date: Tuesday, May 12, 2015
Time: 1:00 p.m.
Place: Wheeling Pavilion Senior Center
Cost: \$5.00 members/\$20 non-members

We must have a minimum of 20 people registered by April 27, 2015 in order to run this program.
Call the Senior Center at 847-459-2670
to reserve your space.

TUESDAY EVENING AT PAVILION

The Wheeling Pavilion Senior Center will be open for games and conversation with friends. Please bring your favorite games and your own snacks, if desired. There is NO CHARGE for this event, but we ask that you register so we know how many people will be attending.



Date: Tuesday, May 19, 2015
Time: 6:00 p.m. – 8:00 p.m.
Place: Wheeling Pavilion Senior Center
Cost: FREE, but registration is requested

Call the Senior Center at 847-459-2670 to reserve your space.
We must have a minimum of 6 people registered in order to keep the center open!

MANNY'S DELI

Enjoy one of the best corned beef sandwiches around at the famous Manny's Deli in Chicago, IL. Many other deli treats are available as well. The cost of this trip includes a \$15 gift card to be used for lunch.



- Date:** Tuesday, May 26, 2015
- Time:** Meet at the Wheeling Pavilion Senior Center at 10:30 a.m.
The bus will leave at 10:45 a.m.
- Location:** Chicago, IL
- Cost:** \$28 members/\$43 non-members by April 28; \$33 members/\$48 non-members April 29, 2015 or later if space is available

Call the Senior Center at 847-459-2670 to reserve your space.



THE REAL CAUSE OF OUR PRESIDENTS' DEATHS



The President of the United States has been shot! That statement has stunned Americans four different times over the history of our nation. Presidents Abraham Lincoln, James A. Garfield, William McKinley, and John F. Kennedy were killed by assassins. Whether these presidents could have been saved with better medical care is an issue that is still being debated by historians and physicians today. Join Stanton Polin, M.D. as he discusses the best medical care available and whether or not each president could have been saved. *This program is being sponsored by the Indian Trails Public Library.*

- Date:** Tuesday, June 2, 2015
- Time:** 1:00 p.m.
- Place:** Wheeling Pavilion Senior Center
- Cost:** FREE, thanks to the Indian Trails Public Library

Please call the Wheeling Pavilion Senior Center at 847-459-2670 to reserve your space.

LITTLE TRAVELER

Journey with us to Geneva, IL for a day at the Little Traveler. With many departments featuring clothes, shoes, jewelry, toys, Christmas items, collectibles, and more there is certain to be something for everyone. The cost of this trip includes round trip transportation and a \$15 gift card to use for lunch or shopping.



- Date:** Friday, June 5, 2015
- Time:** Meet at the Senior Center at 9:15 a.m.
The bus will leave at 9:30 a.m.
- Place:** Geneva, IL
- Cost:** \$29 members/\$44 non-members by May 21, 2015
\$34 members/\$49 non-members May 22 or later until all spaces are filled

Call the Senior Center at 847-459-2670 to reserve your space.

No refunds or credits after May 21, 2015.



OPERA IN FOCUS JUNE TRIP

Join us for an amazing performance by the Opera in Focus "Performers". This performance will include excerpts from Pagliacci, Little Shop of Horrors, Pops at the Puppet Opera, Man of LaMancha, Carousel, and Kismet.



- Date:** Wednesday, June 10, 2015
- Time:** Meet at the Wheeling Pavilion Senior Center at 2:45 p.m.
The bus will leave at 3:00 p.m.
- Place:** Rolling Meadows, IL
- Cost:** \$19 members/\$34 non-members by May 20, 2015
\$24 members/\$39 non-members May 21 or later if space is available

Call the Senior Center at 847-459-2670 to reserve your space.

No refunds or credits after May 20, 2015.



EATALY CHICAGO

Travel to another country without leaving the Chicagoland area! Join the Wheeling Pavilion Senior Center as we head to Eataly Chicago for an opportunity to enjoy great food and unique shops. The cost of this trip includes a \$30 gift card to use for lunch in your choice of restaurants and shops within the Eataly complex.

- Date:** Friday, June 26, 2015
- Time:** Meet at the Wheeling Pavilion Senior Center at 9:45 a.m.
The bus will leave at 10:00 a.m.
- Place:** Eataly in Chicago, IL
- Cost:** \$49 members/\$64 non-members by June 8, 2015
\$54 members/\$68 non-members June 9, 2015 or later if space is available.

Call the Senior Center at 847-459-2670 to reserve your space.

Please note: We must have a minimum of ten (10) people registered by June 8, 2015 in order to run this trip.

No refunds or credits after June 8, 2015.



HORSESHOE CASINO

Are you feeling lucky? Come join us for a trip to the Horseshoe Casino in Hammond, IN. We will meet at the Wheeling Pavilion Senior Center then travel by bus to the Casino. While there, we will enjoy various games, slots, and a delicious lunch buffet. The cost of this trip includes round trip transportation and the buffet.

- Date:** Tuesday, June 30, 2015
- Time:** Meet at the Wheeling Pavilion Senior Center at 8:45 a.m.
The bus will leave at 9:00 a.m.
The expected return time is between 5:00-5:30 p.m. depending on traffic.
- Place:** Hammond, IN
- Cost:** \$28 for members/\$43 for non-members if you register by June 8, 2015
\$33 for members/\$48 for non-members June 9 - June 15, 2015

Call the Senior Center at 847-459-2670 to reserve your space.

No refunds or credits after June 8, 2015

Please note: we must have a minimum of 20 people registered by June 8 in order to run this trip.



PLEASANT PRAIRIE OUTLET CENTER

Attention bargain hunters!

The Wheeling Pavilion Senior Center is heading to the Pleasant Prairie Outlet Center in Pleasant Prairie, WI. Enjoy a fun day away shopping and finding that special item that you "just can't live without"! Please note: lunch will be at your expense. After the outlet we will make a stop at Mars Cheese Castle.

- Date:** Friday, July 10, 2015
- Time:** Meet at the Senior Center at 9:00 a.m. to check in. The bus will leave at 9:15 a.m.
The expected return time is 4:30 p.m. depending on traffic.
- Location:** Pleasant Prairie, WI
- Cost:** \$15 members/\$30 non-members by June 26, 2015; \$20 members/\$35 non-members June 27, 2015 or later if space is available

Call the Senior Center at 847-459-2670 to reserve your space.

We must have a minimum of ten people registered by June 26, 2015 in order to run this trip.



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A source of information and help

LEGACY GIRLS at CHANDLER'S CHOPHOUSE



Join the Legacy Girls as they entertain us with the music of the Andrews Sisters. Enjoy a delicious meal before the show!

- Date:** Thursday, July 23, 2015
- Time:** Meet at the Wheeling Pavilion Senior Center at 10:00 a.m.
The bus will leave at 10:15 a.m.
- Location:** Chandler's Chophouse in Schaumburg, IL
- Cost:** \$52 members/\$67 non-members by July 1, 2015
\$57 members/\$72 non-members July 2 - July 9, 2015 if space is available.

Call the Senior Center at 847-459-2670 to reserve your space.

No refunds or credits after July 1, 2015.



ARCHITECTURE RIVER CRUISE

Traverse the vast Chicago River on a narrated architecture river cruise. The docent from the Architecture Foundation will narrate our tour and give us insight on the various buildings we will see on our journey. Feel free to bring your own snacks or purchase something on board.

- Date:** Monday, August 24, 2015
- Time:** Meet at the Wheeling Pavilion at noon.
The bus will leave at 12:15 p.m.
- Place:** Chicago, IL
- Cost:** \$61 members/\$76 non-members by July 13, 2015
\$66 members/\$81 non-members July 14 - July 20, 2015

Call the Senior Center at 847-459-2670 to reserve your space.

No refunds or credits after July 20, 2015.

This trip is rated 4 sneakers because of the stairs to get down to the dock.



SNEAK PEEK!!

FIRESIDE CHRISTMAS

Travel with us to the Fireside Theatre in Fort Atkinson, WI for lunch and a production of "It's a Wonderful Life". The story of George Bailey and his wonderful life in Bedford Falls has brought hope and inspiration to every heart with its celebration of the goodness in all of us. Enjoy a delicious lunch featuring fresh from the oven breads, appetizer, capon chicken, potatoes, vegetables, and dessert. Find that special gift for that special someone in the Fireside's unique shops.



- Date:** Wednesday, November 4, 2015
- Time:** Meet at the Wheeling Pavilion Senior Center at 8:15 a.m. The bus will leave at 8:30 a.m.
(Please note the travel time each way is approximately 2 hours, depending on traffic.)
- Place:** Fireside Theatre in Fort Atkinson, WI
- Cost:** \$117 members/\$132 non-members by September 24, 2015

Call the Senior Center at 847-459-2670 to reserve your space.

Please note: We must have a minimum of 12 people registered by September 24, 2015 in order to run this trip.

No refunds or credits after September 24, 2015.



MAY 2015 CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>9:00 Exercise Video 10:00 BUGS/Computers 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Dave Byron, Cinco de Mayo Music 1:00 Canasia/Pinochle 3:00 Rabbi Gordon "Shavuot"</p> <p>Beginner Computer Tutoring by appt.</p>	<p>5</p> <p>10:00 Exercise 10:00 Computer Class by appt. 10:00 Current Events 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Community Volunteer Group</p> <p>CJE Russian Speaking Social Worker by appt.</p>	<p>6</p> <p>9:00 Exercise 9:30 Indian Trails Library Drop Off 10:00 Computer Topics Class 10:30 Sing-a-Long 11:30 Lunch at Pavilion 12:00 Senior Jeopardy 1:00 Stitch and "itch" 3:00 Opera in Focus Trip</p>	<p>7</p> <p>9:00 Gin/Hearns Group 10:00 Exercise 10:00 Advisory Council Meeting 10:30 Billy Elliott Trip 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Happy Hookers</p> <p>SHIP by appt 10-3</p>	<p>1</p> <p>10:00 Computer Class by appt. 10:30 Wii Bowling 11:30 Lunch at Pavilion 12:00 Jennifer Silk - Violin</p> <p>CJE Russian Speaking Social Worker by appt.</p>
<p>11</p> <p>9:00 Exercise Video 10:00 BUGS/Computers 11:00 Wii Bowling 11:30 Lunch at Pavilion 1:00 Canasia/Pinochle</p> <p>Beginner Computer Tutoring by appt.</p>	<p>12</p> <p>10:00 Exercise 10:00 Computer Class by appt. 10:00 Current Events 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Coffee House w/ Steve Justman Community Volunteer Group</p> <p>CJE Russian Speaking Social Worker by appt.</p>	<p>13</p> <p>9:00 Exercise 9:30 Indian Trails Library Drop Off 10:00 Computer Topics Class 10:30 Sing-a-Long 11:30 Lunch at Pavilion 12:00 Nancy Katz "Clean Your Closet" 1:00 Stitch and "itch"</p>	<p>14</p> <p>9:00 Gin/Hearns Group 10:00 Exercise 10:00 Computer Class by appt. 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Happy Hookers 3:00 Vendor Faire and Open House</p> <p>SHIP by appt 10-3</p>	<p>15</p> <p>10:00 Computer Class by appt. 10:30 Your Clock is Ticking 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Laura Faker-Uley - Harp Music 12:30 Mahjongg Group Instruction 1:00 Book Club</p> <p>CJE Russian Speaking Social Worker by appt.</p>
<p>18</p> <p>9:00 Exercise Video 10:00 BUGS/Computers 11:00 Wii Bowling 11:30 Lunch at Pavilion 12:00 Tim Wilsey "Rock & Roll Legends" 1:00 Canasia/Pinochle</p> <p>Beginner Computer Tutoring by appt.</p>	<p>19</p> <p>10:00 Exercise 10:00 Computer Class by appt. 10:00 Current Events 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Community Volunteer Group 6:00 Tuesday Evening at Pavilion</p> <p>CJE Russian Speaking Social Worker by appt.</p>	<p>20</p> <p>9:00 Exercise 9:30 Indian Trails Library Drop Off 10:00 Computer Topics Class 11:30 Lunch at Pavilion 12:00 Jim Kendros "Barbra Streisand" 1:00 Stitch and "itch"</p>	<p>21</p> <p>9:00 Gin/Hearns Group 10:00 Exercise 10:00 Computer Class by appt. 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Happy Hookers</p> <p>SHIP by appt 10-3</p>	<p>22</p> <p>9:00 Foot Care 10:00 Brain Games 10:00 Computer Class by appt. 10:00 Russian Tea Time 11:00 Wii Bowling 11:30 Lunch at Pavilion</p> <p>CJE Russian Speaking Social Worker by appt.</p>
<p>25</p> <p>Senior Center Closed</p> <p>Beginner Computer Tutoring by appt.</p>	<p>26</p> <p>10:00 Exercise 10:00 Computer Class by appt. 10:00 Current Events 10:30 Manny's Deli Trip #2 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Community Volunteer Group</p> <p>CJE Russian Speaking Social Worker by appt.</p>	<p>27</p> <p>9:00 Exercise 9:30 Indian Trails Library Drop Off 10:00 Computer Topics Class 11:15 Blood Pressure 11:30 Lunch at Pavilion 12:00 Heather Braoudakis "Sing-Along with Mitch Miller" 1:00 Stitch and "itch"</p>	<p>28</p> <p>9:00 Gin/Hearns Group 10:00 Exercise 10:00 Computer Class by appt. 10:30 White Fence Farm trip 11:30 Lunch at Pavilion 12:30 Bridge 1:00 Happy Hookers</p> <p>SHIP by appt 10-3</p>	<p>29</p> <p>10:00 Computer Class by appt. 11:00 Wii Bowling 11:30 Lunch at Pavilion</p> <p>CJE Russian Speaking Social Worker by appt.</p>

TRIP AND PROGRAM CANCELLATION POLICY

Generally, if you cancel your reservation **7 business days or more** before the event, we will work with you to fill your space with someone from the waiting list. If we can fill it, you will either be issued a credit voucher or you can work out an exchange with the person filling your space.

Please note: **Due to dates we must make final payments, the refund deadline for trips will vary.**

Check specific information for each trip.

If cancellations are made less than 7 business days before the event or after final payment date posted, a credit will not be given.

AN IMPORTANT NOTE ABOUT TRAVELING WITH OUR GROUP

When traveling with the Wheeling Pavilion Senior Center, it is expected that the participant will arrive with the group, stay with the group, and travel back to the Senior Center with the group. In addition, it is expected that the participant will go directly from the bus into the venue as directed by the activity coordinator. **No Exceptions!** **Program credits will be given in full for programs or trips cancelled by the Senior Center.**

HELPFUL HINTS TO MAKE SURE A FUN TIME IS HAD BY ALL !

- Please be sure to REGISTER EARLY TO AVOID DISAPPOINTMENT.
- We need to make monetary commitments to our venues at least 6 weeks in advance. If we don't have enough advance reservations, we may be forced to cancel a trip.
- If there is a menu option, please specify your choice when you register for the trip or program. Please note: menu options cannot be changed. ***Be sure to read the menu carefully if you have any allergies or dietary needs. Contact Alysia if you need dietary accommodations.***
- Please carefully read the refund policy, the waiver, and caregiver policy **before** signing up for a trip. If you cannot "keep up" with the trip requirements, someone needs to accompany you as the trip coordinator cannot split up her time to care for individual needs.
- Please arrive on time for a trip as indicated as the bus cannot wait more than 5 minutes past the indicated time. If there are any questions regarding when to arrive for a trip, please ask someone at the reception desk or call Alysia at 847-459-2670 between the hours of 8:00 a.m. and 4:00 p.m.

TRIP ETIQUETTE

Please respect your trip coordinator, bus driver, dining staff, theatre/venue staff, and all those who work very hard to make your experience a pleasant one. If there is free time, please arrive back at the bus or designated area at the time and place assigned by the trip coordinator. Please be respectful of your peers on the trip. If you go on a trip and it is deemed that a caregiver is needed for future trips, you will be asked to provide one before registering for more Senior Center trips. Unacceptable behavior will not be tolerated and will be reported to the Senior Center director who will assess whether or not the individual may attend future Senior Center trips.

CAREGIVER POLICY

It is the intent of the Senior Center to provide travel opportunities that are educational and stimulating for a wide variety of interests. Due to the time and intensive nature of supervising such an event, our staff cannot be responsible for providing personalized caregiver attention to individuals, i.e. assisting with ambulation, toileting, dining, cognitive impairment assistance, etc. Therefore, the Senior Center reserves the right to deny a travel registration if it is determined that caregiving of this nature is required for a traveler. If the traveler has a caregiver accompanying them, the caregiver **MUST** complete his/her own registration form and payment.



VILLAGE OF WHEELING
PAVILION SENIOR CENTER
199 N. First Street
Wheeling, IL 60090-0567

The Wheeling Pavilion Senior Center is committed to accessibility for individuals with disabilities. The Pavilion's policy is to reasonably accommodate people with disabilities in accordance with the Americans with Disabilities Act (ADA). If you should require special accommodations at one of our functions call the Pavilion at (847) 459-2670 in advance.

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**as of print date of this issue*