

WHEELING BOARD OF HEALTH
REGULAR MEETING

January 24, 2023

I. CALL TO ORDER

The meeting was called to order at 6:02 p.m. by Chairperson Melone.

II. ROLL CALL

Present: Commissioners: Freed, Gerber & Melone. Commissioner Ball was absent with prior notice. Health Officer, Serena Ivaldi was also present.

III. MINUTES - November 22, 2022

Commissioner Freed moved, seconded by Commissioner Gerber to approve the minutes dated November 22, 2022, as presented. The motion was approved by a voice vote.

IV. CHANGES TO THE AGENDA - None

V. CITIZENS CONCERNS AND COMMENTS - None

VI. ONGOING BUSINESS

(a) Next Blood Drive is March 1, 2023, 1-5PM

Health Officer Ivaldi reminded the Commission regarding the new time of 1-5PM.

(b) Prescription Medication Collection - January 21, 2023

The January 21st collection went well and was busy. Three large containers of sharps and one container of meds were collected. There are no large sharp containers, so they will need to be ordered.

Commissioner Freed suggested letting the rep know that the new sharp containers do not work for older people and ask if they can switch back to the old containers. Most seniors don't know how to use them. Health Officer Ivaldi will email the rep about going back to the previous containers.

Commissioner Gerber will work the February 18th collection.

Health Officer Ivaldi offered to get a folding chair to use during the warmer weather.

Chairperson Melone mentioned she always checks the metal drop off container that people use in between collections and reminded others to do so if they have time during their shift.

Health Officer Ivaldi mentioned the shelving in the closet will be fixed soon.

VII. OLD BUSINESS

(a) Park District events

Health Officer Ivaldi found out the Wheeling Walks program ended after Linda left. Beth Harrington from the Park District wanted to collaborate with the Board of Health to see if they could get it started again in the spring.

The walks were held every Saturday from 9:30-10:00a. Commissioner Gerber had participated in the beginning, but it fizzled out during Covid.

Health Officer Ivaldi asked for suggestions on what the Board of Health could do to get the program started again. Chairperson Melone felt there needed to be a Board of Health point person and suggested having a calendar similar to the medication collection.

Chairperson Melone asked if Commissioner Gerber was interested in assisting since she had been walking with the group. Commissioner Gerber agreed, but suggested waiting until spring since most people don't like to walk inside.

Commissioner Gerber suggested having Wheeling Walks once a month instead of every week. It was decided to hold the walks on the first Saturday each month starting in April.

Health Officer Ivaldi suggested doing a reboot and felt it would be a good time to make any changes. The first Saturday in April is April 1st. She suggested having someone cater coffee, juice and fruit.

Commissioner Gerber mentioned there was a previous walk that had a big turnout which included free hot chocolate. It was a progressive walk with cups given at the first station, marshmallows at the next station and so on. She thought the Park District paid for it.

Health Officer Ivaldi suggested offering a continental breakfast at the end of the walk to attract more walkers. She suggested working with the Park District to spruce it up and maybe having Panera provide the catering. She mentioned the Board of Health had a small budget that could pay for it.

The loop is 1.5 miles to Wolf Road. People walk at their own pace and have the opportunity for a shorter path.

Health Officer Ivaldi suggested meeting at the gazebo and then having coffee, juice, water, muffins and fruit at the end of the walk. She felt people would come out if it was advertised with a free breakfast from Panera.

Wheeling Walks is advertised in the Park District catalogue.

Health Officer Ivaldi will talk with Beth and suggest including a raffle. Commissioner Gerber mentioned there had been Wheeling Walk t-shirts provided the last time.

Commissioner Gerber agreed to be at the April 1st walk. Health Officer Ivaldi suggested rotating coverage.

Commissioner Freed suggested having a handout at the medication collection advertising the walks.

VIII. NEW BUSINESS

(a) Diabetes presentation at the Wheeling Public Library

Health Officer Ivaldi announced a diabetes presentation given by Commissioner Freed at the library was approved.

Commissioner Freed asked about the length of the presentation. He asked if he should include a dietician and/or an MD. Health Officer Ivaldi explained she had received approval for Commissioner Freed to present and suggested seeing the interest before inviting other speakers. She recommended including coffee, juice and breakfast to attract people to the session.

Setting a date was discussed and allowing enough time to advertise. Reservations will be required. Commissioner Freed suggested signing up at the library and by phone to the Village. Chairperson Melone explained the library usually uses online registration or by phone.

Commissioner Freed asked about advertising. He suggested advertising at the medication collection using flyers.

Chairperson Melone will forward the library contact information to Health Officer Ivaldi.

Commissioner Freed asked if there were any handouts left from the health fair that could be used at the event. Health Officer Ivaldi will check.

Commissioner Freed suggested scheduling the presentation at 10:00 a.m. on a Saturday or Sunday in April or May. Health Officer Ivaldi suggested May. The presentation will last an hour, including a 15-minute Q&A. Health Officer Ivaldi suggested serving coffee, juice and muffins from Panera. Chairperson Melone mentioned Rise and Dine partners with the library for other events.

The library has a large room that can be divided and then a smaller room in the children's section. The large room holds 60-70 people and the smaller room about 25. Health Officer Ivaldi suggested reserving the smaller room for the first presentation. Commissioner Freed wants to decide on a minimum number of participants in order to move forward with it. He suggested doing it for no less than 10-15 people. Chairperson Melone suggested having 10 or more for the first time.

Commissioner Freed wants to be health conscious regarding the types

of food served since the audience would be concerned about diabetes. He suggested serving something low in carbs.

The presentation will be finalized at the March Board of Health Meeting.

Health Officer Ivaldi thought she was low on the Spanish diabetes brochures. She will work on getting more brochures and contacting the library for available dates. Commissioner Freed suggested using a poster board for advertising within the library.

Chairperson Melone suggested partnering with the Park District since they have a broader audience.

Commissioner Freed suggested having a vendor come to the presentation and could pay for having a table with information on a product that related to diabetes. Health Officer Ivaldi didn't think the Village would approve it. She suggested a government body or charitable group that could come and bring a nurse to check glucose. She thought there was a better chance of getting a government body approved versus a private company. Commissioner Freed asked her to investigate it. She will also check for approval with the library. Commissioner Freed recommended inviting Walgreens to check people's glucose.

A recap...

Commissioner Freed will reach out to the diabetes organization.

Health Officer Ivaldi will reach out to Walgreens, contact the Wheeling Library regarding dates, room availability, necessary IT for the presentation and asking permission to have a medical professional prick a finger for a glucose check. She will also check the supply of handouts and get menus for catering.

The Board of Health's budget is \$950/year.

Commissioner Freed will collect the eyeglasses to donate. Health Officer Ivaldi had dropped them off at Pearl Vision in the past who cleaned them and donated to a charity.

IX. VERBAL COMMUNICATION - None

X. ADJOURNMENT

A motion to adjourn the meeting was entered at 6:48 p.m. by Commissioner ???. Commissioner ??? seconded the motion. The motion received unanimous approval by the Board of Health.

Respectfully submitted,

Christine Melone, Chairperson
Wheeling Board of Health

Approved: Christine M. Melone

Date: 3/28/23